

Woman Flower

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 2 級數: Higher Intermediate
編舞者: Chee Kiang Lim (SG) - October 2010
音樂: Lady Flower (女人花) - Anita Mui (梅艷芳)



FULL TURN, 1/4 TURN, RONDE, CROSS 1/2 TURN RONDE, CROSS 3/4 TURN, SPOT 1/2 TURN

- 1 1/2 turn right, step R forward [6]
2&3 1/2 turn right, step L back, step back on R, 1/4 turn left, step L to left, sweep R from back to front [9]
4&5 Cross R over L, 1/4 turn right, step back on L, 1/4 right, step R to right while sweeping L from back to front [3]
6&7 Cross L over R, 1/4 turn left (step back on R), 1/2 turn left, step L forward [6]
8& Spot 1/2 turn left on R, L [12]

1/4 TURN, SIDE STEP, BACK ROCK SIDE, BACK ROCK FORWARD, STEP TURN STEP, STEP TURN

- 1 1/4 turn right, step R to right [9]
2&3 rock L behind R, recover on R, step L to left
4&5 Rock R back, recover on L, step forward on R
6&7 Step forward on L, pivot half turn right, step forward on L [3]
8& Step forward on R, pivot half turn left [9]

STEP, RUN, LUNGE, RECOVER STEP, 3/4 TURN, RONDE BACK, COASTER (PARTIAL)

- 1 Step forward on R
2&3 Run on L, R, lunge diagonally forward on L
4-5 Recover on R, step L behind R
6&7 1/4 turn right, step R forward, 1/2 turn right, step back on L, step back R while sweeping L from front to back [6]
8& Step back on L, step R besides L

STEP FORWARD, FULL TURN, WALK, CROSS BACK BACK, CROSS BACK

- 1 Step L forward
2&3 Full turn left on R, L, step forward on R
4-5 Walk L, R
6&7 Cross L over R, step back on R, L
8& Cross R over L, step back on L [6]

(Repeat)

Tag 1 (End of wall 1 & wall 6)

- 1-4 Step R to right, sway L, R, L

Tag 2 (End of wall 3)

- 1-8 Walk 8 steps full circle clockwise
9-16 Walk 8 steps full circle counter-clockwise
17-20 Step R to right, sway L, R, L