

Heavy Duty Booty

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Improver
編舞者: Rita Archer (USA) - November 2010
音樂: Heavy Duty Beauty - Taylor Made



[1-8] R Twist step x 2, L Twist step x 2

1-2 Step right twisting $\frac{1}{4}$ turn to right,
3-4 Point left toe to left side, cross left over right
5-6 Point right toe to right side, cross right over left
7-8 Step back left turning $\frac{1}{4}$ to right, step right next to left

[9-16] R Jazz Box + L Scuff, L Jazz Box + Together

9-10 Point left toe to left side, cross left over right
11-12 Point right toe to right side, cross right over left
13-14 Point left toe to left side, cross left over right
15&16 Right step back, Left step next to right

[17-24] L $\frac{1}{4}$ Turn + Toe Heel, R $\frac{1}{2}$ Turn + Toe Heel

17&18 Side step right, step left together, step right
19-20 Left rock back, recover weight on right
21&22 Side step left, step right together, step left
23-24 Right rock back, recover weight on left

[25-32] L $\frac{1}{4}$ Turn + Toe Heel, R $\frac{1}{4}$ Turn + Toe Heel

25-26 Step right forward , pivot turn to left
27-28 Step right forward , pivot turn to left
29-30 Stomp right foot forward, clap
31&32 Bump/grind/wiggle (you choose, have fun!!), ending with weight on left

[33-40] R Monterey

25-26 Step right forward , pivot turn to left
27-28 Step right forward , pivot turn to left
29-30 Stomp right foot forward, clap
31&32 Bump/grind/wiggle (you choose, have fun!!), ending with weight on left

[41-48] Jump Forward + Clap, Jump Back + Clap, Hip Rolls

25-26 Step right forward , pivot turn to left
27-28 Step right forward , pivot turn to left
29-30 Stomp right foot forward, clap
31&32 Bump/grind/wiggle (you choose, have fun!!), ending with weight on left

Tag #1 – after 1st wall, repeat step 41-48

Tag#2 – after last wall, repeat step 41-48

Contact: www.RitasRockNRodeo.com

Music: <http://www.taylormadecountry.com/home.shtml>