It's Amazing



拍數: 32 牆數: 2 級數: Intermediate

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音樂: It's Amazing - Jem: (Album: Down to Earth)



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Lead: 32 cts. Start on the word "Do"

Note on 32 ct. lead: After the first 8 cts., the next 24 will not be phrased. Listen a few times.

[1-8] WALK, WALK, SWEEP, STEP-BACK-1/2 TURN ~ STEP, 1/2 TURN, SIDE-TOGETHER-SIDE

1-2-3	Step R forward:	Step L forward	: Sweep R in a	½ arch from center to forward
			,	72 didii ildiii ddiitai ta idi wala

4 & 5 Cross step R over left foot; Step L back; Turn ½ right stepping forward onto R (facing 6

o'clock)

6 - 7 Step forward on L; Turn ½ right taking weight onto R (facing 12 o'clock)

8 & 1 Step L side right; Close R next to L; Step L side right

Note: These last 3 steps, 8 & 1, can move slightly forward on the left diagonal

[9-16] STEP FORWARD, FORWARD CROSS, SIDE-CROSS-SIDE \sim CROSS, STEP BACK, BACK-BACK-1/4 LEFT

(count 9 start 12 cts., that will take you 'around the world')

2 - 3	Step R forward; Step L forward crossing slightly in front of R
4 & 5	Step R side right; Small step L in front of R; Step R side right

6 - 7 Step L in front of R; Step R back

8 & 1 Step L back; Step R back; Turn 1/4 left stepping L forward (facing 9 o'clock)

[17-24] STEP FORWARD, FOWRARD CROSS, SIDE-CROSS-SIDE ~ BEHIND, UNWIND, MAMBO 1/4 RIGHT

2 - 3	Step R forward; Step L forward crossing slightly in front of R
4 & 5	Step R side right; Step L in front of R; Step R side right
6 - 7	Step ball of L behind right; Unwind ¾ of a turn left taking weight onto L (facing 12 o'clock)
8 & 1	Press forward onto R; Return weight to L in place; Turn ¼ right stepping R side right (facing 3 o'clock)

[25-32] STEP SWAY FORWARD, SWAY BACK, LOCK-STEP-FORWARD ~ ROCK RETURN, 1/4 RIGHT STEP BEHIND, STEP IN PLACE

2 - 3 Step L forward, sway left hip forward; Return weight back to R, sway right hip back

Note: The L hip sway starts by pushing off the R ball/foot onto the L and returns off the L ball/foot to the R hip sway

4 & 5 Step L forward; Step R next to left (or lock if you like); Step L forward

6 - 7 Rock forward onto R; Return weight to L in place

8 & Turn ¼ right stepping ball of R behind L; Step L in place

Note: The last two steps, 8 &, is the beginning of a sailor step ending with count 1 of the dance stepping forward

BEGIN AGAIN

Ending: You will be facing the 3 o'clock wall as you do the last 8 & 1. Try this:

8 & 1 Turn ¼ right stepping ball of R behind L; Turn ½ right in place; Step L down in front of R (facing 12 o'clock)

Ta Da!

Web Access: www.MichaelandMichele.com / Step descriptions-videos-shirts-iewelry and more!

