JB's Contra Cracker

COPPER KNOB

拍數: 40

牆數: 2

編舞者: Justine Brown (UK) - November 2010

音樂: Uptown Girl - Billy Joel

或: Uptown Girl - Westlife

Then any Christmas party song you have.

suggestions 'Ricky Tomlinson, Calm Down Christmas' 'I wish it could be Christmas everyday' 'Rockin around the Christmas tree'

級數: Beginner / Improver Contra

The way it works...

Start by making two lines down the middle of the hall..

opposite your partner

Decide which line will be A-Team, and which B-Team. (ie: A-Team are the people on the right side of the hall) Turn round, so you are back-to-back with your partner (the first four counts are moving away from your partner towards the wall)

WALK FWD X3, KICK, WALK BACK X2, COASTER STEP

- 1-2 (walking away from your partner) Right Walk forward, Left Walk forward
- 3-4 Right Walk forward, Kick Left
- 5-6 Left Walk Back, Right Walk Back
- 7&8 Left Step back, Right Step Beside left, Left Step forward

STEP FWD, HOLD & CLAP, PIVOT 1/2, HOLD & CLAP, HEEL SWITCHES (R&L&R) HOLD

- 9 -10 Right Step forward, Hold & Clap
- 11-12 Pivot ½ Turn left, Hold & Clap
- 13&14 Touch Right Heel forward, & Right step in place, Touch Left Heel forward,
- &15-16 & Left Step in place, Touch Right Heel forward, Hold &Clap

WALK FWD X3, STOMP & CLAP, SLAP LEGS, CLAP , SLAP LEGS, CLAP

- 17-18 (Walk towards your partner), Right Walk forward, Left Walk forward
- 19-20 Right Walk forward, Stomp Left beside right and Clap
- 21-22 Slap your legs with both hands, Clap your Right hand to your partners Right hand
- 23-24 Slap your legs with both hands, Clap your Left hand to partners Left hand

R STEP SIDE, TOGETHER, STEP SIDE, CLAP, L STEP SIDE, TOGETHER, STEP SIDE, CLAP

- 25-26 Right Step to right side, Left Step beside right
- 27-28 Right Step to right side, Touch left beside clapping hands with the person in front
- 29-30 Left Step to left side, Right Step beside left
- 31-32 Left Step to left side, Touch Right beside left clapping hands with the person in front

STEP SIDE, TOGETHER, STEP BACK, TOGETHER, WALK FORWARD (CHANGING SIDES)

- 33-34 Right Step to right side, Left Step beside right, (A-Team hold hands with person next to you)
- 35-36 Right Step Back, Left Step beside right
- 37-38 Right Walk forward, Left Walk forward (Lift arms for B-Team to pass under)
- 39-40 Right Walk forward, Left Walk forward

START AGAIN

The tricky bit:

During counts 33-36, the A-Team holds hands with the person beside them, and raise their arms The B-Team passes under the arch as you all walk forward during counts 37-40.

On the next wall it's the B-Team who holds hands while A-Team passes under...

Sounds complicated but it makes sense once your all lined up.. Each side taking turns to hold hands and



make the arch.