

Second Time Around

拍數: 48 牆數: 4 級數: Intermediate
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音樂: Second Time Around - Lady Gaga



Intro : 16 counts

R Nightclub Basic , Out X2 , Side , R Sailor ¼ R , Syncopated Lock Step Fwd

- 1-2& Step right foot to right side , rock left foot behind right foot , recover weight on right foot
3-4 Step left foot to left side , step right foot to right side
5-6& Step left foot to left side , turn ¼ right crossing right foot behind left foot , step left foot to left side
7&8& Step right foot forward , lock left foot behind right foot , step right foot forward , lock left foot behind right foot

Fwd Rock , Recover , Sailor Cross , Side Rock , Recover , Sailor ½ L Cross

- 1-2 Rock right foot forward , recover weight on left foot as sweeping right foot from front to back
3&4 Cross right foot behind left foot , step left foot to left side , cross right foot over left foot
5-6 Rock left foot to left side , recover weight on right foot
7&8 Turn ½ left as crossing left foot behind right foot , step right foot to right side , cross left foot over right foot

Ball Cross Unwind Full Turn R , Sailor Cross , Sway X2 , Together , Hips Bump

- &1 Step right to right side , cross left foot over right foot
2 Full turn right as sweeping right foot from front to back
3&4 Cross right foot behind left foot , step left foot to left side , cross right over left foot
5-6& Sway hips to left side , then to right side , step left foot next to right foot
7&8 Step right foot to right side as bumping hips to right side , left side , right side

Sway X2 , Triple Full Turn L , Cross Rock ¼ R , Triple Full Turn R

- 1-2 Sway hips to left side , then to right side
3&4 Turn ¼ left stepping left foot forward , turn ½ left stepping right foot back , turn ¼ left stepping left foot to left side (Travelling to left side)
5&6 Cross rock right foot over left foot , recover weight on left foot , turn ¼ right stepping right foot forward
7&8 Turn ½ right stepping left foot back , turn ½ right stepping right foot forward , step left foot forward (Travelling forward)

Restart here on Walls 5 and 6.

Side And Drag , Ball Cross , Side And Drag , Ball Cross , ¼ , ½ , Pivot ½ Touch

- 1-2& Large step right foot to right side as dragging left foot towards right foot , step left foot beside right foot , cross right foot over left foot
3-4& Large step left foot to left side as dragging right foot towards left foot , step right foot beside left foot , cross left foot over right foot
5-6 Turn ¼ left stepping right foot back , turn ½ left stepping left foot forward
7&8 Step right foot forward , turn ½ left , touch right foot beside left foot

Side And Drag , Ball Cross , Side And Drag , Ball Cross , R Pivot ½ L , Full Turn L , ½ , Together

- 1-2& Large step right foot to right side as dragging left foot towards right foot , step left foot beside right foot , cross right foot over left foot
3-4& Large step left foot to left side as dragging right foot towards left foot , step right foot beside left foot , cross left foot over right foot
5-6 Step right foot forward , turn ½ left

&7 Turn ½ left stepping right foot back , turn ½ left stepping left foot forward
&8 Turn ½ left stepping right foot back , step left foot next to right foot

Restarts On wall 5 and wall 6 , dance up to 32 counts and begin again
