

Pretty Belinda

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Phrased Improver
編舞者: Inge Vestergård (DK) - November 2010
音樂: Pretty Belinda - Dr. Victor & The Rasta Rebels



Intro: Dance starts after 32 count – start on vocal.
Sequence: AA - B - AAA - B - AAA - tag - BB - AA
Part A: 32 count, Part: B 32 count

PART A:

Cross, Back, Chassé Right, Cross rock, Side Rock

1 – 2 Cross right over left, step back on left,
3&4 Step right to side, close left beside right, step right to side,
5 – 8 Cross rock left over right, recover back on right. Side rock left to left, recover on right.

¼ Paddle right x 2, Cross, Kick, Cross, Point

1 – 2 Step left forward, pivot ¼ right
3 – 4 Step left forward, pivot ¼ right (6:00)
5 – 6 Cross left over right, kick right diagonal right
7 – 8 Cross right over left, point left to side.

Behind, Side, Cross, Hitch, Behind, Side, Step, Hitch

1 – 4 Cross left behind right, step right to side, cross left over right, hitch right diagonal right
5 – 8 Cross right behind left, step left to side, step right forward, hitch left.

Step back L, ¼ turn right, Cross Shuffle, Monterey ½ Turn

1 – 2 Step back on left, ¼ turn right step right to side (9:00)
3&4 Cross left over right, step right to side, cross left over right,
5 – 6 Point right to right side, make ½ turn right stepping right beside left (3:00)
7 – 8 Point left to left side, step left beside right (weight on left)

PART B:

Travelling kick ball step x 2, Forward Shuffle, Rock, Step

1&2 Kick right forward, step right beside left, step forward on left
3&4 Kick right forward, step right beside left, step forward on left
5&6 Step right forward, step left beside right, step right forward
7 – 8 Rock forward on left, recover on right

Left ¼ turn, Hold With Clap, Ball Step with ¼ Turn Left, Scuff, Left Jazzbox With Step

1 - 2 ¼ turn left step left to side, hold with clap (weight on left)
&3 – 4 Step right beside left, ¼ turn left step left to side, scuff right forward
5-8 Cross right over left, step back on left, step right to side, step forward on left.

Repeat count 1 – 16

TAG: Make an easy tag after doing part A 8 times. You will be facing 12 o'clock. Then continue with part B.

Rocking Chair x 2, Step Half Turn x 2

1 – 4 Rock forward on right, recover on left, rock back on right, recover on left
5 – 8 Rock forward on right, recover on left, rock back on right, recover on left
1 – 2 Step forward on right, pivot ½ turn left taking weight on left
3 – 4 Step forward on right, pivot ½ turn left taking weight on left

ENDING:

You will end the last section A facing 6 o'clock.

1 - 2 Point right to right side, hold

3 Make ½ turn right stepping right beside left. End of dance at 12 o'clock.
