

Blue Collar Girls

COPPER **KNOB**
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Patti Bullock (USA) - November 2010
音樂: Blue Collar Girls - J.D. Danner : (Album: Hard Road to Heaven)



(1 - 8) (Forward) Walk, walk, side rock/recover, cross front cha-cha, walk, walk

1,2 Walk forward - Right foot(1), Left foot(2)
3,4 Rock Right foot out to right side(3), Recover on Left foot(4)
5 & 6 Cross Right foot in front of Left(5), step on Left foot keeping foot behind Right foot(&), step on Right foot keeping foot in front of Left foot(6).
7,8 Walk forward - Left foot(7), Right foot(8)

(9 -16) Rock Forward, Recover, Lock Cha-Cha Back, Rock Step out to right Side, HOLD, Bump Hips 2X's to the Left

1,2 Rock forward on Left foot,(1) Recover back on Right foot(2)
3 & 4 Step back on Left foot(3), Lock Right foot in front of Left(&) ,Step back on Left foot(4)
5,6 Step Right foot out to side(5), HOLD (6)
7,8 Bump hips twice to left (7,8)

(17 - 24) Sailor 1/4 ¼ Right Turn, walk , walk, skate, skate, Cha-Cha Forward

1 & 2 Right foot steps behind Left making a ¼ ¼1/4turn to the right(1), Left foot steps in front of Right(&), Right foot steps in front of Left(2).
3,4 Walk forward Left foot, Right foot
5,6 Skate Left foot(5) , Skate Right foot (6) -(Skate by turning the foot out as you slide the steps),
7 & 8 Step forward on Left foot(7), Step Right foot behind Left(&), Step Left foot forward(8)

(25 -32) Rock Forward, Recover Back, Cha-Cha Half Turn to the Right, Rock Forward, Recover, Coaster Step

1,2 Rock forward on Right foot(1), Recover back on Left foot(2)
3 & 4 Step on Right foot making a Half turn to the Right(3), Step on Left foot(&), Step forward on Right foot (4)
5,6 Rock forward on Left foot(5), recover back on Right foot(6)
7 & 8 (Coaster Step) Left foot steps back(7), Right foot steps back next to Left(&) Left foot steps forward(8)

TAG - one Rocking Chair with two Paddle ¼1/4Left Turns

1 - 4 Rock forward on Right foot(1), Recover back on Left foot(2), Rock back on Right foot(3), Recover forward on Left foot(4)
5 - 8 Step Right foot out to right side(5), step & pivot on Left foot as you make a ¼ turn to the left(6), Step Right foot out again to right side(7), step & pivot on Left foot as you make a ¼ turn to the Left(8)

After First time Danced through - TAG 2X's -Begin Dance again

After Third time Danced through - TAG 2X's- Begin Dance again

After Fifth time Danced through - TAG 1X- Begin Dance again

After Sixth time Danced through - TAG 2X's- Begin Dance again - no more tags!!

Patti Bullock (dancezumba@aol.com)