

Hot Summer Salsa

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver Mambo
編舞者: Pepper Siquieros (USA) - November 2010
音樂: Hot Summer Salsa - Jive Bunny & The Mastermixers : (Album: Best Of)



Lot Of Leavin' Left To Do by Dierks Bentley [118 bpm] - Modern Day Drifter
Shake Your Booty by K.C. & The Sunshine Band [Best Of]

"Hot Summer Salsa" by Jive Bunny is 6:25. Stop it at 4:50 on Salsa!

SIDE ROCK-RECOVER-FORWARD TWICE, RIGHT ROCK FORWARD & STEP BACK, LEFT ROCK BACK & STEP FORWARD

1&2 Rock right to side, recover to left, step right forward
3&4 Rock left to side, recover to right, step left forward
5&6 Rock right forward, recover to left, step right back
7&8 Rock left back, recover to right, step left forward

RIGHT CROSS ROCK-STEP-SIDE, LEFT CROSS ROCK-STEP-¼ TURN, RIGHT KICK-STEP-POINT, ROCK FORWARD-BACK-FORWARD & ROLL HANDS UP

1&2 Cross/rock right over left, recover to left, step right to side
3&4 Cross/rock left over right, recover to right, turn ¼ left and step left forward
5&6 Kick right forward, step right together, touch left forward
7&8 Shift weight and bump hips forward onto left foot, bump hips and weight back to right foot, bump hips & weight forward onto left foot

Styling: roll hands quickly around each other (mashed potato move) and bring them up in front of body stopping above the head

RIGHT ROCK FORWARD-BACK, RIGHT SHUFFLE FORWARD, LEFT ROCK FORWARD-BACK, ½ TURN LEFT SHUFFLE

1-2 Rock right forward, recover to left
3&4 Chassé forward right, left, right
5-6 Rock left forward, recover to right
7&8 Turn ½ left and chassé forward left, right, left

RIGHT ROCK FORWARD-BACK, ¼ TURN SIDE SHUFFLE, ROCK FORWARD & BACK &, STEP, TOUCH RIGHT

1-2 Rock right forward, recover to left
3&4 Turn ¼ right and shuffle right, left, step right to side
5&6& Rock left forward, recover to right, rock left back, recover to right
7-8 Step left forward, tap right toe next to left instep

REPEAT