# Irish Country Beats



拍數: 48 牆數: 4 級數: Beginner

編舞者: Mary Frances Chua (MY) - October 2010

音樂: Irish Stew - Sham Rock



#### INTRO: 32 count

S1: Double Forward Shuffle, ½ Left Pivot Turn, Forward Shuffle		
1&2	R fwd shuffle ( left hand on hip & put up right hand in circular movement )	
3&4	L fwd shuffle (left hand on hip & put up right hand in circular movement)	
5-6	R step fwd, ½ left pivot turn [6]	
7&8	R fwd shuffle	
S2: Double Forward Shuffle, ½ Right Pivot Turn, Forward Shuffle		
1&2	L fwd shuffle ( left hand on hip & put up right hand in circular movement )	
3&4	Rfwd shuffle (left hand on hip & put up right hand in circular movement)	
5-6	L step fwd, ½ right pivot turn [12]	
7&8	L fwd shuffle	
S2: Dight Char	and Loft Book Book Loft Change Bight Book Book	
S3: Right Chasse , Left Back Rock, Left Chasse, Right Back Rock		

3-4 L back rock, recover on R (hands on hips)

5&6 L chasse (both hands on hips)

7-8 R back rock, recover on L (hands on hips)

## S4: Right Hip Bump, Left Hip Bump, Point, 1/4 Right Turn-Together, Point-Together

1&2	R hip bump, R-L-R ( slight forward movement )
3&4	L hip bump, L-R-L ( slight forward movement )

5-6 R point to right side, 1/4 right turn [3], R together beside L

7-8 L point to left side, L together beside R

### S5: Right Rolling Vine-Clap, Left Rolling Vine-Clap

R rolling vine (clap at count 4) 1-4 5-8 L rolling vine (clap at count 8)

# S6: Twice Front Heel, Twice Back Toe, Right Heel-Together, Left Heel-Together

1-2 R heel touches twice at front (hands on hips) 3-4 R toe touches twice at back ( hands on hips )

5-6 R heel touch diagonally at front, step together (hands on hips) 7-8 L heel touch diagonally at front, step together (hands on hips)

#### **ENDING:**

Do Section 1 (count 1-6), step forward on Right and ½ pivot left turn (count 7) to face front and stomp left with both hands up (count 8).

#### NOTE:

Specially choreographed for GAPOR ANNUAL DINNER COUNTRY NITE on 7 NOVEMBER 2010 (Sunday) at Merdeka Palace.