Enjoy Yourself



拍數: 32 牆數: 4 級數: Beginner / Improver

編舞者: Lynn Gannon (UK) - November 2010

音樂: Enjoy Yourself - Billy Currington: (Album: Enjoy Yourself)



32 count intro.

STEP TOUCH/SIDE TOG/1/4 TURN/STEP FWD TOUCH/1/2 TURN

1-2	Step Left to Left Side	, touch Right beside Left.
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3&4 Step Right to Right side, step on ball of Left, step Fwd on Right ¼ turn Right. 9o'clock

5-6 Step Fwd Left, touch Right toe beside Left heel.

7-8 Step back on Right, step Fwd on Left ½ turn Left. 3o'clock

(restart here during 8th wall, count 7-8 change to a triple turn, ending with weight on Right ,start dance from beginning)

STEP TOUCH/SIDE TOG1/4 TURN/FWD TOUCH 1/4 TURN

1-2	Step Right to	Right side	touch Le	ft beside Right.

3&4 Step Left to Left side, step on ball of Right, step Fwd on Left ¼ turn Left. 6 o'clock

5-6 step Fwd on Right, touch Left toe beside Right heel.

7-8 Step back on Left, step Right to Right side ¼ turn Right. 3o'clock

(Restart here during 4th wall, count 8 change to ½ turn) Then start dance from beginning.

WEAVE/1/4 TURN/STEP TURN/ TRIPLE 1/4 TURN

1-2	Cross I	eft over	Right ster	Right to	Right side.
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2-3 Step Left behind Right, step Fwd Right ¼ turn Right. 12 o'clock

5-6 Step Fwd on Left, Pivot ½ turn Right. 7&8 Triple ¼ turn Right on L R L 3o'clock

STEP BACK/SWEEP/STEP BACK/SWEEP/ROCK BACK/TRIPLE 1/2 TURN LEFT.

1-2 Step back on Right, sweep Left from front to back,3-4 Step back on Left, sweep Right from front to back,

5-6 Rock back on Right, step on Left.

7&8 Triple ½ turn Left on R L R.

Start over

(To finish the dance facing front wall, change count 7&8 of section 4 to step ¼ turn Left)