

Chatelaine

拍數: 36 牆數: 4 級數: Improver
編舞者: Michele Perron (CAN) & Amy Christian (USA) - November 2010
音樂: Miss Chatelaine - k.d. lang : (CD: Ingenue, Recollection Two CD Set)



**Introduction: 36 Counts, once the 'heavy' beat kicks in; do not begin on first lyrics, wait until "Just a smile...."
Begin at approx 00:52 [Instrumental violin section, then a pause, then begin intro count]**

Cross Side Cross, Side Recover Across, Turn 1/4, Turn 1/2, Triple Forward

1&2 Left step across front of R, Right step side R, Left step across front of R
3&4 Right rock/sstep side R, Left recover side L, Right step across front of L
5-6 Left step back & crossed behind with 1/4 Turn R, Right step forward with 1/2 Turn R [9:00]
7&8 Left triple forward [L forward, R beside, L forward]

Forward Back Back (Salsa), 1/4 Turn, Cross, Side Together Side, Together, Side

1&2 Right rock/step forward, Left recover/step back, Right step back
3-4 Left back/side with 1/4 Turn L, Right step across front of L [6:00]
5&6 Left triple side L [L side, R together, L side]
7-8 Right step beside L, Left step side L

Turn /Side Recover Together, Side Recover Together, Forward Turn Forward, Triple Turn

1&2 Turn 1/4 L with Right rock/step side R, Left recover side L [in place], Right step beside L
[3:00]
3&4 Left rock/step side L, Right recover side R [in place], Left step beside R
5&6 Right step forward, Turn 1/2 L with Left step forward, Right step forward [9:00]
7&8 Turn 1/2 R with Left step back, Turn 1/2 R with Right step forward, Left step forward [9:00]

Option: Triple forward with no turn

Rock, Recover, Coaster Cross, Sway, Sway, Touch Behind, Unwind

1-2 Right rock/step forward, Left Recover back [in place]
3&4 Right step back, Left step beside R, Right step across front of L
5-6 Left Step side L with L Sway L, Right Sway side R
7-8 Touch Left behind R, Unwind 1/2 Turn L, weight on L [3:00]

Across Side Recover, Touch In, Touch Out, Drag

1&2 Right step across front of L, Rock Left side L, Right recover side R
&3 Touch Left beside R, Touch Left side L
4 Drag Left across R [R knee bent]

Begin Again

BRIDGE: 8 Counts [OCCURS on 9 o'clock wall, AFTER three rotations/walls]

Across Side Recover, Across Side Recover, Forward Side Together, Back, Touch Out, Hold

1&2 Left step across front of R, Right rock/step side R, Left recover step side L [in place]
3&4 Right step across front of L, Left rock/step side L, Right recover step side R [in place]
5&6 Left step forward, Right Step side R, Left step beside R
&78 Right step back, Left Toe/Touch side L, HOLD [lunge/pose (R knee bent, L leg extended)]