

Zumbayade!

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Lane Lee (MY) - September 2010
音樂: Zumba Yade - Kathleen



Intro: 32 counts

Sec 1: Mambo Right, Mambo Left, Rock Recover 1/2 Turn Right, Left Forward Mambo

1&2 Rock R to R, Recover weight on L, Step R beside L
3&4 Rock L to L, Recover weight on R, Step L beside R
5&6 Rock R forward, Recover weight on L, 1/2 turn R
7&8 Rock L forward, Recover weight on R, Step L beside R

Sec 2: Mambo Right, Mambo Left, Rock Recover 1/2 Turn Right, Left Forward Mambo

1-8 Repeat Section 1

Sec 3: Diagonal Right Forward Shuffle, Diagonal Left Shuffle, 1/4 Turn Right Shuffle, Left Shuffle

1&2 Diagonal R shuffle, stepping R ,L ,R
3&4 Diagonal L shuffle, stepping L, R, L
5&6 1/4 turn R, Shuffle R, L, R
7&8 Diagonal L shuffle, stepping L, R, L

Sec 4: Rock Recover, 1/2 Turn Right Shuffle, Left Rocking Chair, Left Rock, Recover, Step together

1-2 Rock R forward, Recover weight on L,
3&4 1/2 turn R, triple step R,L,R
5&6& Rock L forward, Recover weight on R, Rock L back, Recover weight on R,
7&8 Rock L forward, Recover weight on R, Step L beside R

RESTART: On wall 4, after 16 counts

Have Fun!

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