

Standing In The Shadows

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Scott Schrank (USA) - November 2010
音樂: Standing In The Shadows Of Love - Hall & Oates : (CD: Our Kind Of Soul)



Start: 32 Counts from the guitar solo, with the vocals – 34 seconds) CW rotation.

[1-8] WALK, WALK, KICK-BALL-TURN, SIDE-ROCK-CROSS, TURN-TURN-STEP

1-2 Step forward R (1), Step forward L (2)
3&4 Kick R foot forward (3), Step ball of R foot next to L (&), Cross L foot over R foot while making 1/4 turn left (4) (9:00)
5&6 Rock R foot right (5), Recover weight to L foot (&), Cross R foot over L foot (6)
7&8 Make 1/4 turn right on ball of R stepping back on L (7), Make 1/2 turn right on ball of L stepping forward on R (&), Step L foot forward (8) (6:00)

[9-16] ROCK, RECOVER, TRIPLE-STEP-SWEEP, CROSS-BACK-HOME, CROSS-BACK-HOME

1-2 Rock R foot forward (1), Recover weight to L foot (2)
3&4 Stepping in place-make 1/2 turn right stepping R-L (3&), Step down on R foot while sweeping L foot over R foot and making 1/4 turn right (3:00)
5&6 Step L foot over R foot (5), Step R foot back (&), Step L foot next to R foot (6)
7&8 Cross R foot over L foot (7), Step L foot back (&), Step R foot next to L foot (8)

[17-24] TOUCH CROSS, POINT, CROSS-BACK-TURN, CROSS-ROCK, POINT, SAILOR 1/2 TURN

1-2 Cross touch L foot over R foot (1), Touch L toes to left (2)
3&4 Cross L foot over R foot (3), Step R foot back (&), Make 1/4 turn left stepping L foot left (4) (12:00)
5&6 Cross rock R foot over L foot (5), Recover weight to L foot (&), Point R toes right (6)
7&8 Step R foot behind L foot making 1/4 turn right (7), Step L foot next to R foot (&), Make 1/4 turn right stepping R foot forward (8) (6:00)

[25-32] STEP, 1 /4 PIVOT, CROSS-BALL-CROSS, SIDE-ROCK-STEP, ROCK-RECOVER-TURN

1-2 Step L foot forward (1), pivot 1/4 turn right on balls of feet (2) (9:00)
3&4 Cross step L foot over R foot (3), Step ball of R foot right (&), Cross step L foot over R (4)
5&6 Rock R foot right (5), Recover weight to L foot (&), Step R foot forward (6)
7&8 Rock L foot forward (7), Recover weight to R foot (&), Make 1/2 left on ball of R foot stepping L foot forward (8) (3:00)

START THE DANCE AGAIN

Tag: After the 9th rotation, (Facing 3:00), add the following 4 counts:

1-2 Rock R foot forward (1), Recover weight to L foot (2)
3-4 Rock back on R foot (3), Recover weight to L foot (4)

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