

Just A Dream

COPPERKNOB
BY STEPHEN

拍數: 48 牆數: 2 級數: Intermediate / Advanced
編舞者: Bill Macleod (CAN) - November 2010
音樂: Just a Dream - Nelly



Start on main beat.

Step Side Rock Recover ¼ Turn Right Step ¼ Turn Right Cross ¾ Turn Left Lunge Rock Step Back

- 1,2&3 Step left to left side, rock back on right, recover on left, ¼ turn right step right forward
4&5 Step left forward, ¼ turn right cross left over right
6&7 ¼ turn left step back on right, ½ turn left step forward on left, lunge forward on right (9:00)
8&1 Rock back on left, step right beside left, step back on left

Rock Recover ¼ Turn Left 1 ½ Full Turn Left Cross Side Heel Ball Cross ¼ Turn Left Step

- 2&3 Rock back on right, recover on left, ¼ turn left step back on right (6:00)
4&5 ½ turn left, step forward on left ½ turn left step back on right ½ turn left step forward on left (12:00)
6&7 Cross right over left, step left to left side and slightly back, dig right heel forward to right diagonally
&8&1 Step back on ball of right slightly back, cross left over right, ¼ turn left step back on right, step left beside right (9:00)

Kick Ball Touch Knees Pop Kick Ball Touch ¼ Turn Right Step Touch

- 2&3 Kick right forward, step right in place, touch left toe forward
&4 Bending both knees, pop forward and back (weight on right)
5&6 Kick left forward, step left in place, touch right toe to right side
7&8 ¼ turn right (weight on left) kick right forward, step right beside left, touch left toe slightly back to left (12:00)

Cross Back Back Back Forward Full Turn Right Rock Step Side Rock

- 1&2 Cross left over right, step back on right (11:00) step back on left with diagonally left
3&4 Step back on right, step forward on left (7:00) step forward on right
5&6 ½ turn right step back on left, ½ turn right step forward on right, step forward on left (7:00)
7&8 Recover back on right, step left beside right, rock right to right side (6:00)

Touch Bend Knee ¼ Turn Left Step Kick Out Out Ball Cross ¼ Turn Right Step Back Body Roll

- 1&2 Touch left toe beside right bending knee inward, ¼ turn left step left forward, step right forward (3:00)
3&4 Kick left forward, step left to left, step right to right
&56 Step on ball of left slightly behind right, cross right over left, ¼ turn right step back on left (6:00)
7-8 Step back on right roll body from chest finishing at hips (weight on right)

Ball Step Back Side Rock Recover Left Sailor Lock Step Step Touch

- &1 On ball of left step beside right, step back on right
2-3 Rock left to left side, recover on right
4&5 Cross step left behind right step right to right, step left slightly forward
6&7 Lock step right behind left, step forward on left, step right forward
8 Touch left beside right

Start again and enjoy!

RESTARTS:

Wall 1 Dance up to 32 count (facing 6 o'clock) start the dance again from the beginning
Wall 3 Dance up to 32 count (facing 6 o'clock) start the dance again from the beginning

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