

Fahrenheit

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Peter Metelnick (UK) & Alison Metelnick (UK) - October 2010
音樂: Fahrenheit - Joe McElderry : (CD: Wide Awake, 3:36)



Start after 8 count intro.

[1-8] L side rock & recover, L back rock recover brush, L fwd rock & recover, L coaster cross

1-2 Rock L side, recover weight on R
3&4 Rock L back, recover weight on R, brush L forward
5-6 Rock L forward, recover weight on R
7&8 Step L back, step R together, cross step L over R

[9-16] R hitch ball cross, ½ R syncopated Monterey, L hitch ball cross, L step touch (clap twice on the &8)

1&2 Hitch R knee up, step R side, cross step L over R
3&4 Point R side, turning ½ right step R together, point L side (6 o'clock)
5&6 Hitch L knee up, step L side, cross step R over L
7&8 Step L side, touch R together (clap twice on &8 – especially during the choruses)

[17-24] R full turn into R side rock & recover, R ball cross, R side rock & recover, R ball cross

1-2 Turning ¼ right step R forward, turning ½ right step L back
3-4 Continue to turn another ¼ right on L and rock R side, recover weight on L (6 o'clock)
&5 Step R towards L, cross step L over R
6-7 Rock R side, recover weight on L
&8 Step R towards L, cross step L over R

[25-32] R step touch, L full turn into L side rock & recover, L ball cross, ¼ R & L back

1-2 Step R side, touch L together
3-4 Turning ¼ left step L forward, turning ½ left step R back
5-6 Continue to turn another ¼ left on R and rock L side, recover weight on R (6 o'clock)
&7-8 Step L towards, cross step R over Left, turning ¼ right step L back (9 o'clock)

[33-40] R rock back & recover, L fwd full turn, R fwd rock & recover, travelling back: R & L apart, R & L together

1-2 Rock R back, recover weight on L
3-4 Turning ½ left step L back, turning ½ left step R forward

Non-turning option 3-4: step L forward, step R forward

5-6 Rock R forward, recover weight on L
&7 Travelling back step R apart, step L apart
&8 Continuing to travel back step R back, step L together

[41-48] R touch back, ½ R turn, L chase turn, R kick ball point, L together, R side point, hold (clap twice on the &8)

1-2 Touch R back, turning ½ right step on R (3 o'clock)
3&4 Step L forward, pivot ½ right, step L forward (9 o'clock)
5&6 Kick R forward, step R together, point L side
&7&8 Step L together, point R side, hold (clap twice on &8 – especially during choruses)

[49-56] R sailor, L cross shuffle, ¼ L & R back, ½ L & L forward, ¼ L & R side rock/recover/together

1&2 Cross R behind, step L side, step R side
3&4 Cross step L over R, step R side, cross step L over R
5-6 Turning ¼ left step R back, turning ½ left step L forward
7&8 Turning ¼ left rock R side, recover weight on L, step R together (9 o'clock)

[57-64] L side, hold, R together, L side, R forward, ¼ L jazz box cross

1-2& Step L side, hold, step R together

3-4 Step L side, step R slightly forward

5-8 Cross step L over R, step R back, turning ¼ left step L side, cross step R over L (6 o'clock)

Tag: At the end of the 5th wall you will be facing the back. The music slows down; he sings the word 'Free' hold for 8 counts

making a circle with your arms and start again on the word 'Fahrenheit' around 2:56 into the song

The End: Dance will finish bang on and just strike a pose!

Tel: 01462 735778 - Website: www.thedancefactoryuk.co.uk
