

Mercy Mercy Mercy

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner Shag / Swing
編舞者: Sue Ann Ehmann (USA) - November 2010
音樂: Mercy Mercy Mercy - Flashbacks : (CD: The Flashbacks, Wendy Goodson, "In The Spotlight", Single or Album)



Especially for Carol Huban – to be taught at the 2010 Tampa Bay Line Dance Classic

Intro: 24 counts. Start on lyrics.

Slower song for teaching - Girl's Got It Goin' On by Bob Steele, bpm 107, CD – Life With Women, CD available at <http://www.oldies.com/product-view/87252M.html>

Intro: 32 counts. Start on lyrics.

Alternate Country song: Lover, Lover by Jerrod Niemann, bpm 112, Available on I-tunes

Intro: 15 counts. Start on the word "truth".

Try it to your favorite Beach/Blues/Swing song!

[1-8] TRIPLE RIGHT, ROCK BACK RECOVER, KICK BALL CHANGE, STEP FORWARD, TURN 1/4 RIGHT

1&2 Step right to side, step left beside right, step right to side
3-4 Rock left back, recover weight to right
5&6 Kick L forward, L ball step slightly behind R, step R in place
7-8 Step left forward, turn 1/4 right shifting weight to right [3:00]

[9-16] JAZZ BOX, KICK BALL CHANGE, KICK BALL CHANGE

1-4 Cross left over right, step right back, step left next to right, touch right beside left
5&6 Kick right forward, right ball step slightly behind left, step left in place
7&8 Kick right forward, right ball step slightly behind left, step left in place

[17-24] TRIPLE FORWARD, ROCK FORWARD, RECOVER, TRIPLE 1/2 TURN LEFT, BUMP, BUMP

1&2 Step right forward, step left beside right, step right forward
3-4 Rock left forward, recover right
5&6 Turning 1/4 left step left to side, step right beside left, turn 1/4 left stepping left forward [9:00]
7-8 Bump hips right and left

[25-32] TRIPLE RIGHT DIAGONAL, TRIPLE LEFT DIAGONAL, SKATE 4X

1&2 On the right diagonal step right forward, step left beside right, step right forward
3&4 On the left diagonal step left forward, step right beside left, step left forward
5-6 Drag right in towards left then slide right forward to right diagonal, drag left in towards right then slide left forward to left diagonal (just like skating)
7-8 Drag right in towards left then slide right forward to right diagonal, drag left in towards right then slide left forward to left diagonal (just like skating)

BEGIN AGAIN!