

Butterflies

拍數: 40 牆數: 4 級數: Improver
編舞者: Gaye Teather (UK) - November 2010
音樂: Butterflies - Tone Damli : (CD: I Know)



16 count intro. Dance rotates in CW direction

Right diagonal step. Touch. Left diagonal shuffle (x2)

1 – 2 Step Right diagonally forward Right. Touch Left beside Right
3&4 Step Left diagonally forward Left. Step Right beside Left. Step Left diagonally forward Left
5 – 6 Step Right diagonally forward Right. Touch Left beside Right
7&8 Step Left diagonally forward Left. Step Right beside Left. Step Left diagonally forward Left

Diagonal rock. Triple full turn Right (or coaster step). Diagonal rock. Sailor one eighth turn Left

1 – 2 Still facing Left diagonal rock forward on Right. Recover onto Left
3&4 Triple full turn Right stepping Right. Left. Right
Option: Right coaster step
5 – 6 Still facing Left diagonal rock forward on Left. Recover onto Right
7&8 Make one eighth turn Left crossing Left behind Right. Step Right to Right side. Step forward on Left

(Facing 9 o'clock)

Forward rock. Right shuffle back. Back rock. Left shuffle forward

1 – 2 Rock forward on Right. Recover onto Left
3&4 Step back on Right. Step Left beside Right. Step back on Right
5 – 6 Rock back on Left. Recover onto Right
7&8 Step forward on Left. Step Right beside Left. Step forward on Left

Step. Pivot half turn Left. Walk forward Right. Left. Forward rock. Coaster cross

1 – 2 Step forward on Right. Pivot half turn Left (Facing 3 o'clock)
3 – 4 Walk forward Right. Left
5 – 6 Rock forward on Right. Recover onto Left
7&8 Step back on Right. Step Left beside Right. Cross Right over Left

Left side rock. Behind-side-cross. Right side rock. Back rock

1 – 2 Rock Left to Left side. Recover onto Right
3&4 Cross Left behind Right. Step Right to Right side. Cross Left over Right
5 – 6 Rock Right to Right side. Recover onto Left
7 – 8 Rock back Right behind Left. Recover onto Left

Start again

The music is unevenly phrased throughout so I have included only 1 tag at the more obvious place, i.e. at the end of wall 2 (Facing 6 o'clock).

*Tag: Simply repeat the last 4 counts of the dance as follows:-

1 – 4 Rock Right to Right side. Recover onto Left. Rock back Right behind Left. Recover onto Left