

編舞者: Rachael McEnaney (USA) - September 2010

音樂: Dynamo - Si Cranstoun



Count In: Dance begins on vocals (20 counts from start of track)

Alternative music: Blue Suede Shoes – Elvis Presley. Count in: 16 counts from start of track – NO TAG.

[1–8] Step Right, Touch Left Toe: In Out In, Weave Left.

1-4 Step right to right side (1), touch left next to right (2), touch left out to left side (3), touch left

next to right (4) [12.00]

5-8 Step left to left side (5), cross right behind left (6), step left to left side (7), cross right over left

(8) [12.00]

[9–16] Left Toe Strutt, Right Back Rock, Right Heel Strutt, Left Back Rock.

1-4 Touch ball of left to left side (1), drop left heel to floor taking weight on L (2), rock back on

right (3), recover weight onto left (4) [12.00]

5-8 Touch right heel to right side (5), drop right toe to floor taking weight on R (6), rock back on

left (7) recover weight onto right (8) [12.00]

Styling: On the back rocks really open the body to the diagonals swinging arms(right diagonal on right back rock, left diagonal on left back rock)

[17-24] ¾ Turn To Right With Knee Hitches, Left Lock Step Into Right Lock Step For 25-32

1–2 Make ¼ turn right stepping back on left (1), make ¼ turn right on ball of left hitching right

knee (2), [6.00]

3–4 Make ¼ turn right stepping forward on right (3), hitch left knee (4) [9.00]

5-8 Step diagonally forward on left (5), lock right behind left (6), step forward on left (7), step

diagonally forward on right (8) [9.00]

[25-32] End Of R Lock Step, Right Forward Rock, Left Coaster Step, Hold

1-4 Lock left behind right (1), step forward on right (2), rock forward on left (3), recover weight

onto right (4) [9.00]

5-8 Step back on left (5), step right next to left (6), step forward on left (7), hold (8) [9.00]

TAG: At this point on 5th wall – Add 4 count tag facing 9.00 wall:

Walk forward right (1), hold (2), walk forward left (3), hold (4) then continue dance below 9.00

[33-40] Step Fwd Right, Hold, ½ Pivot Turn, Hold, Modified Jazz Box

1-4 Step forward on right (1), hold as you snap both fingers (2), pivot ½ turn left (weight ends left)

(3), hold as you snap both fingers (4) [3.00]

5-8 Step forward on right (5), hold as you snap both fingers (6), cross left over right (7), hold as

you snap both fingers (8) [3.00]

[41-48] Right Back, Left Side, Right Cross, Left Kick, Left Behind, 1/4 Turn Right, Left Fwd Toe Strut

1-4 Step back on right (1), step left to left side (2), cross right over left (3), kick left to left diagonal

(4)[3.00]

5-8 Cross left behind right (5), make 1/4 turn right stepping forward on right (6), touch ball of left

forward (7), drop left heel to floor taking weight to left (8) [6.00]

[49-56] Step Fwd R- Close L (With Shimmy), Toe Split Pushing Weight Onto Heels, R Side Rock Crossing Toe Strut

1–2 Step forward on right as you shimmy shoulders (1), step left next to right (still shimmying) (2) [6.00]

Put weight back onto heels as you split both toes out to sides (stick bottom out) (3), return toes together (4) [6.00]

Rock right to right side (5), recover weight onto left (6), cross ball of right over left (7), drop right heel to floor taking weight to right (8) [6.00]

[57-64] Left Side Rock Into Crossing Heel Steps, Cross Left, Hold

1-4 Rock left to left side (1), recover weight onto right (2), cross left heel over right (3), step right to right side (4) [6.00]

5-8 Cross left heel over right (5), step right to right side (6), cross left over right (7), hold (8) [6.00]

ENDING The dance finishes in section 17–24: Do the turning hitches then make another ¼ turn right doing big step to left side – TA DA!!! 12.00

Start Again, Have Fun!

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