

Mannequin

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: John Ng (SG) - November 2010
音樂: Mannequin (feat. Maboos) - Han Una



Intro: 32 counts (0.17min)

SIDE TOE SWITCHES, FRONT TOE SWITCHES, HIP ROLL INTO SIT, SHOULDER ROLLS

1&2& Touch right toe to right, step right beside left, touch left toe to left, step left beside right
3&4 Touch right toe forward, step right beside left, touch left toe forward
5-6 Roll hips up then down into a 'sit' position
7-8 Roll right shoulder, roll left shoulder

STEP, ½ L, L COASTER, OUT-OUT, HIP SWAY

1-2 Straighten up and step forward on left, ½ turn left step back on right
3&4 Step back on left, step right beside left, step forward on left
5-6 Step diagonally forward on right, step diagonally forward on left
7-8 Sway hips to right, sway hips to left

CROSS ROCK, R CHASSE, CROSS, ¼ L, ½ L SHUFFLE

1-2 Rock right over left, recover onto left
3&4 Step right to right, step left beside right, step right to right
5-6 Cross left over right, ¼ turn left step back on right
7&8 ¼ left step left to left, step right beside left, ¼ turn left step forward on left

R KICK BALL STEP TWICE, HEEL BOUNCES ½ R

1&2 Kick right forward, step ball of right beside left, step forward on left
3&4 Kick right forward, step ball of right beside left, step forward on left
5-8 Bounce heels 4 times making ½ turn right (weight on left)

REPEAT

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