

Boogie Fever

拍數: 64 牆數: 4 級數: Improver
編舞者: Rob Fowler (ES) - October 2010
音樂: Boogie Fever - The Sylvers : (Album: Despicable Me Movie Soundtrack)



Start on Vocals

S1: Right Kickball Cross x 2, Side Rock Behind, Side, Cross

1&2 Kick right forward, Step right next to left, Cross left over right
3&4 Kick right forward, Step right next to left, Cross left over right
5,6 Rock right to right side, Recover back on left
7&8 Step right behind left, Step left to left side, Cross right over left

S2: Left Kickball Cross x 2, Side Rock Behind, Side, Cross

1&2 Kick left forward, Step left next to right, Cross right over left
3&4 Kick left forward, Step left next to right, Cross right over left
5,6 Rock left to left side, Recover back on right
7&8 Step left behind right, Step right to right side, Cross left over right

S3: Monterey Turns x 2

1,2 Touch right to right side, Make ½ turn right stepping right next to left
3,4 Touch left to left side, Step left next to right
5-8 Repeat counts 1-4

S4: Right Kickball Change, Rock Step 1½ Turn Back Right

1&2 Kick right forward, Step right next to left, Step left next to right
3,4 Rock Right forward, Recover Back On Left
5,6 Make ½ turn right stepping forward on right, Make ½ turn right stepping back on left
7&8 Make ½ turn right into a Right shuffle forward (RLR)

S5: Left Rock Step, ¼ Turn Left Sailor Step, 2x ½ Pivot Turns, Cross Side Sailor Step

1,2 Rock forward left, Recover back on right
3&4 Left sailor step with ¼ turn left (LRL)
5,6 Step forward right, Make ½ pivot turn left
7,8 Step forward right, Make ½ pivot turn left

S6: Right Cross Side Sailor Step, Left Cross Side Sailor Step

1,2 Cross right over left, Step left to left side
3&4 Right sailor step (RLR)
5-8 Repeat 1-4 on opposite feet

S7: Right Cross, ¼ Turn, Shuffle Back, Rock step, Full Spiral Turn Right

1,2 Cross right over left, Make ¼ right Step back on left
3&4 Right shuffle backwards (RLR)
5,6 Rock back on left, Recover forward onto right
7,8 Step forward left, Make full turn right on ball of left hooking right heel (Beethoven's Boogie)

S8: Shuffling Turn Section

1&2 Right Shuffle Forward(RLR)
3&4 Make ½ Turn left –Left Shuffle Forward Rock (LRL)
5&6 Make ¼ Turn Right -Right Shuffle Forward(RLR)
7&8 Make ½ Turn left –Left Shuffle Forward Rock (LRL)

