拍數： 32 病數： 4
級數：Easy Intermediate
編舞者：Jan Wyllie（AUS）－October 2010
音樂：My Forever Friend－Charlie Landsborough

16 count intro ．
Lock Shuffle Fwd，Lock Shuffle Fwd，Rock Fwd Back，Coaster Back
1\＆2 Step fwd on L，Lock R behind L，Step fwd on L
3\＆4 Step fwd on R，Lock $L$ behind $R$ ，Step fwd on $R$
5，6 Rock／step fwd on L，Rock back on R
7\＆8 Step back on L，Step R beside L，Step fwd on L
Rock Fwd Back， $1 / 2$ Shuffle，Full Turn， $1 / 4$ Pivot Step Across
9，10 Rock／step fwd on R，Rock back on L
11\＆12 Making $1 / 2$ right shuffle fwd $R, L, R$
13，14 Step fwd LR while making a full turn right（walk fwd if you don＇t like turns）
15\＆16 Step fwd on L，Pivot $1 / 4$ right transferring wt to R，Step L across R
\＆Across Side，Left Sailor Step，Right Sailor Step，1／4 Coaster
\＆17，18 Step R beside L，Step L across R，Step R to right
19\＆20 Step L behind R，Step R to right，Step L to left
21\＆22 Step R behind L，Step L to left，Step R to right
23\＆24 Making 1／4 left step back on L，Step R beside L，Step fwd on L
1／4 Pivot，Shuffle Fwd，Step Pivot 1／2，Paddle 1／4，Paddle 1／4
25，26 Step fwd on R，Pivot $1 / 4$ left transferring wt to $L$
27\＆28 Shuffle fwd R，L，R
29，30 Step fwd on L，Pivot $1 / 2$ right transferring wt to $R$
\＆31 Step fwd on L，Pivot $1 / 4$ right
\＆32 Step fwd on L，Pivot $1 / 4$ right
There is a 4 count tag on walls $2,3,5,6$ and 8
It is very clear in the music．．．．and the dance won＇t make sense without these easy tags
Step Fwd Touch，Step Back Touch
1，2，3，4 Step fwd on L，Touch R beside L，Step back on R，Touch L beside R
I wrote this dance for llse，who wanted to write a dance for ME，but couldn＇t manage it． She asked me if I would write it on behalf of her because she didn＇t have the talent． But I disagree with her．She DOES have the talent．．．the talent of communication and caring about someone she may never meet face to face．I am proud to call her my friend and have written the dance as she requested．It＇s easy and slow and most dancers will manage it．

Linedancers are such a special group of people．．．and they seem to be the same all over the world．My recent prognosis of breast cancer and the subsequent treatments have elicited the most incredible response from people I have never met．Gifts，flowers，cards，offers of help in all sorts of ways and my computer is just oozing love！
THANK YOU TO EVERYONE！
See you on the floor sometime．．．．Jan
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