Count Down!

拍數: 64

級數: Intermediate Funky

編舞者: Ryan Hunt (UK) - October 2010

音樂: Turn Around (5,4,3,2,1) - Flo Rida : (3:22)

牆數:2

Intro: 32 counts (18 Seconds)

[1-8] R SIDE MAMBO, L SIDE ROCK CROSS, DIAGONAL BACK, CLOSE L, CROSS R, ¼ BACK

- 1&2 Rock R to R Side, Recover on L, Close R next to L
- 3&4 Rock L to L Side, Recover on R, Cross L over R
- 5-6 Step back on R to R diagonal, Step L next to R
- 7-8 Cross R over L, Make ¼ turn R stepping back on L (3)

[9-16] ½ FORWARD, SHUFFLE FORWARD, QUICK ROCK, BACK DRAG, BALL STEP, HITCH

- 1 Make ¹/₂ turn R stepping forward on R (9)
- 2&3 Step forward on L, Close R next to L, Step forward on L
- 4&5-6 Rock forward on R, Recover back onto L, Make a big step back on the R, Drag L towards R
- &7-8 Step L back, Step forward on R, Hitch L knee

[17-24] STEP BACK, ½ FORWARD, PIVOT ¾ SIDE, CROSS BEHIND, STEP SIDE, 1/8, OUT-OUT

- 1-2 Step back on L, Make ¹/₂ turn R stepping forward on R (3)
- 3&4 Step forward on L, Make ³/₄ turn R taking weight onto R, Step L to L side (12)
- 5-6 Cross R behind L, Step L to Side
- 7&8 Make 1/8 turn L stepping forward on R, step L out to L side, Step R out to R side (Slight Squat) (10:30)

[25-32] STEP BACK, TOUCH, ½ REVERSE UNWIND, 1/8 SIDE, COASTER PRESS, COASTER PRESS

- 1-2 Step L back, Touch R toes back (10:30)
- 3-4 Unwind ½ turn R taking weight forward on R, Make 1/8 turn R stepping L to L Side (6:00)
- 5&6 Step R Back, Close L next to R, Press forward on ball of R foot
- 7&8 Step L Back, Close R next to L, Press forward on ball of L foot

[33-40] STEP BACK, SHUFFLE ½ TURN, SHUFFLE ¼ BACK, SIDE, CROSS, SIDE

- 1 Step R Back
- 2&3 Make ¼ turn L stepping L to L side, Close R next to L, Make ¼ turn L stepping forward on L (12)
- 4&5 Make ¼ turn L stepping back on R, Close L next to R, Step back on R (9)
- 6-7-8 Step L to L Side, Cross R over L, Step L to L Side

[41-48] CROSS ROCK RECOVER & CROSS ROCK RECOVER & STEP ½ PIVOT, BIG STEP CLOSE

- 1-2& Cross rock R over L, Recover back onto L, Step R to R side
- 3-4& Cross rock L over R, Recover back on R, Step L to L side
- 5-6 Step forward on R, Pivot ¹/₂ turn L stepping forward on L (3)
- 7-8 Take a big step forward with R, Close L next to R (9)

[49-56] HOLD, & SWITCH L, & SWITCH R, CROSS, BACK SIDE CROSS, ½ TURN & CROSS

- 1&2 Hold, Step R next to L, Point L to L side
- &3-4 Step L next to R, Point R to R side, Cross R over L
- 5&6 Step back on L, Step R to R side, Cross L over R
- 7&8 Make ¹/₄ turn L stepping back on R, Make ¹/₄ turn L stepping L to L side, Cross R over L (9)

[57-64] ¼ ROCK RECOVER, COASTER STEP, 3 FUNKY WALKS, STEP L

1-2 Make ¹/₄ turn L rocking forward on L, Recover back onto R (6)





3&4	Step L back, Close R next to L, Step forward on L *** Restart here on 5th Wall
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- 5-6 Step forward on R as you pop L knee, Step forward on L as you pop R knee
- 7-8 Step forward on R as you pop L knee, Step slightly forward on L

END OF DANCE!

Restart: Drop the last 4 counts of the dance on Wall 5 (facing 6:00)

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