

# Do The Monty

拍數: 32                      牆數: 4                      級數: Beginner  
編舞者: William Sevone (UK) - October 2010  
音樂: Liberty Bell March - 101 Strings Orchestra



Choreographers note:- There are many versions of this classic March – though only the first 1m 6secs (aprox) are actually used for this dance. First published October 2010.

Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'.

Dance starts after a quick 3 second intro (see start position).

**Start position: Right foot forward**

**Together. 4x Funky Chicken. Fwd. Rock. Recover (12:00)**

- 1 – 2                      Step left next to right. Funky Chicken (a).
- 3 – 4                      Funky Chicken (b). Funky Chicken (a)
- 5 – 6                      Funky Chicken (b). Step forward onto right.
- 7 – 8                      Rock forward onto left. Recover onto right.

**Dance Note:** □

**Funky Chicken (a) Hands on hips – elbows out. Toes together – heel out.**

**Funky Chicken (b) Hands on hips – elbows backward. Toes together – heels together.**

**The dancer can also bend their knees slightly to give an 'extra Chicken' feel.**

**Prissy Skips Back. Rock. Recover. Prissy Skips Forward (12:00).**

- 9 – 10                      raising left knee – Scoot backward on right foot. Step backward onto left.
- 11 – 12                      raising right knee – Scoot backward on left foot. Step backward onto right.
- 13 – 14                      raising left knee – Scoot backward on right foot. Step backward onto left.
- 15 – 16                      raising right knee – Scoot backward on left foot. Step backward onto right.

**Style note: Limply shake wrists at head height during section - you can wobble your head as well.**

**Rock. Recover. Prissy Skips Forward (12:00).**

- 17 – 18                      Rock backward onto left. Recover onto right.
- 19 – 20                      raising left knee – Scoot forward on right foot. Step forward onto left.
- 21 – 22                      raising right knee – Scoot forward on left foot. Step forward onto right.
- 23 – 24                      raising left knee – Scoot forward on right foot. Step forward onto left.

**Style note: Counts 19-24: Hold arms Rabbit fashion - with hands hanging limply forward.**

**Together. 2x Bend-Raise. Silly Walk (3:00).**

- 25 – 26                      Step right next to left. Keep back straight & bend knees outward (not full 'squats').
- 27 – 28                      Straighten up. Keep back straight & bend knees outward.
- 29 – 30                      Straighten up. Kick right foot forward.
- 31 – 32                      Turn ¼ right & swing right leg backward (3). Take very large step forward onto right foot.

**Add as much 'silliness' as you want to this dance – definitely not to be taken seriously.**

**The dance finishes after the 4th wall - facing 'Home'**

**Last Update - 21st Oct. 2015**