

Rabiosa

拍數: 48 牆數: 2 級數: Phrased Novice / Beginner
編舞者: Pim van Grootel (NL) - October 2010
音樂: Rabiosa (feat. Pitbull) - Shakira



Starts after: 16 counts

Sequence: A-A-B-B-A(Restart after 16 counts) A-A-A-B-B-A-Tag-A-A-A

A:

Side,Touch,Side,Touch,¼ Turn,½ Turn,Coaster Step

- 1 RF Step to right side
- 2 LF Touch to left side
- 3 LF Step to left side
- 4 RF Touch to right side
- 5 RF ¼ Turn right stepping forward
- 6 LF ½ Turn right stepping backwards
- 7 RF Step back
- & LF Step next to RF
- 8 RF Step forward

Jazz Box ¼ Turn L,Cross,Rock Side,Recover,Step, Clap 3x

- 1 LF Cross over RF
- 2 RF ¼ Turn left stepping backwards
- 3 LF Step to left side
- 4 RF Cross over LF
- 5 LF Step to left side
- 6 RF Recover weight
- 7 LF Step next to RF and Clap
- &8 Clap, Clap

Cross,Side,Behind,Flick,Cross,Side,Behind,¼ Turn L

- 1 LF Cross over RF
- 2 RF Step to right side
- 3 LF Cross behind RF
- 4 RF Flick backwards
- 5 RF Cross over LF
- 6 LF Step to left side
- 7 RF Cross behind LF
- 8 LF ¼ Turn left stepping forward

Pivot ½ Turn L,Full Turn L,Rocking Chair R

- 1 RF Step forward
- 2 LF ½ Turn left stepping forward
- 3 RF ½ Turn left stepping backwards
- 4 LF ½ Turn left stepping forward
- 5 RF Step forward
- 6 LF Recover weight
- 7 RF Step backwards
- 8 LF Recover weight

B:

Rock,Recover,Coaster Step,Rock,Recover Coaster Step

- 1 RF Step forward
- 2 LF Recover weight
- 3 RF Step backwards
- & LF Step next to RF
- 4 RF Step forward
- 5 LF Step forward
- 6 RF Recover weight
- 7 LF Step backwards
- & RF Step next to LF
- 8 LF Step forward

Pivot ½ Turn L, Pivot ¼ Turn L, Walk 4x

- 1 RF Step forward
- 2 LF ½ Turn left stepping forward
- 3 RF Step forward
- 4 LF ¼ Turn left stepping forward
- 5 RF Walk forward
- 6 LF Walk forward
- 7 RF Walk forward
- 8 LF Walk forward

Notes:

Tag: After Wall 11, you will be facing 12 o'clock,

Add the following steps:

Rocking Chair R

- 1 RF Step forward
- 2 LF Recover weight
- 3 RF Step backwards
- 4 LF Recover weight

Restart: In Wall 5 after 16 Counts (After the Claps), weight ends on LF

Have fun and enjoy it... ;)
