

Your Used To Be

拍數: 64 牆數: 2 級數: Improver
編舞者: Marie Sørensen (TUR) - October 2010
音樂: Your Used to Be - Brenda Lee : (Album: The Definitive Collection)



Intro: Start on the word "Be"

Toe Strut right Diagonal Fwd. Right, Crossing Toe Strut left & Snap Your fingers, Coaster Step, Cross, Hold

1-2 Tap Right Toe diagonal Fwd. right, Drop Right heel
3-4 Cross Left in front of right, Tap Left toe, Drop Left heel

Swing your arms to the Right & Left, While you snap Your Fingers, at the same time you make Toe Struts

5-6 Step Back Right, Step left beside Right
7-8 Cross Right in Front of Left, Hold

Toe Strut left Diagonal Fwd. left, Crossing Toe Strut right & Snap Your fingers, Coaster Step, Cross, Hold

1-2 Tap left Toe diagonal Fwd. left, Drop left heel
3-4 Cross right in front of left, Tap right toe, Drop right heel

Swing your arms to the Left & Right, While you snap Your Fingers, at the same time you make Toe Struts

5-6 Step Back Left, Step Right beside left
7-8 Cross Left in Front of Right, Hold

Long Step Fwd. Right, Tap, Tap, Tap, Chasse ¼ Turn left, Hold

1-2 Long step Fwd. Right (Bend Your knees as you step Fwd.) Tap Left toe fwd.
3-4 Tap Left toe Fwd., Tap Left toe beside right (At Count 4, you have your feet side By side, (Weight on Right))
5-6 ¼ Turn left, step Left to Left Side, Step Right beside left
7-8 Step Left To Left side, Hold

Prissy Walks With Holds, Jazz Box, Cross

1-2 Step Fwd. Right & Cross Right in front of left, Hold
3-4 Step Fwd. Left & Cross Left in front of Right, Hold
5-6 Cross Right in Front of Left, Step Back left
7-8 Step Right to Right side, Cross Left in front of Right

Toe Strut Right, Crossing Toe Strut, Side, Rock, Cross. Hold

1-2 Tap Right toe to right side, Drop Right Heel
3-4 Tap Left toe in front of right, Drop Left Heel
5-6 Rock Right to right side, recover
7-8 Cross Right in Front of Left, Hold

Toe Strut left, Crossing Toe Strut, Side, Rock, Cross. Hold

1-2 Tap left toe to left side, Drop left Heel
3-4 Tap Right toe in front of Left, Drop Right Heel
5-6 Rock Left to Left side, recover
7-8 Cross Left in Front of Right, Hold

Side Rock, Recover, ¼ Turn Left, Step Fwd. Right, Full Turn Right, Step Fwd. Left

1-2 Rock Right to Right side, recover & ¼ Turn Left
3-4 Step Fwd. Right, Hold
5-6 ½ turn Right, Step Back Left, ½ Turn Right, Step Fwd. Right

OPTION: Walk Fwd. Right, Left

7-8 Step Fwd. Left, Hold

Long Step Back Right, Tap, Tap, Tap, Coaster Step, Cross, Hold

- 1-2 Long step Back Right (Bend Your knees as you step Back) Tap Left Heel Back
3-4 Tap Left Heel Back, Tap Left Heel beside Right (At Count 4, you have your feet side By side,
(Weight on Right)
5-6 Step Back Left, Step Right beside left
7-8 Cross Left in front of Right, Hold

Have Fun!

www.sunshine-cowgirl-linedance.dk - sunshinecowgirl1960@gmail.com
