

Sleeping Child

拍數: 32 牆數: 4 級數: Improver
編舞者: Maggie Gallagher (UK) - October 2010
音樂: Sleeping Child - Michael Learns to Rock



Intro: 24 counts (15 secs)

S1: DRAG, CROSS ROCK BACK, RECOVER, RUMBA BOX FORWARD, ROCK FORWARD, RECOVER, R COASTER

1-2 Take a big step to right dragging left to meet right, Cross rock left behind right
3-4 Recover on right, Step left to left side
&5 Step right next to left, Step forward on left
6-7 Rock forward on right, Recover on left
8&1 Step back on right, Step left next to right, Step forward on right

S2: STEP ½ PIVOT RIGHT, FULL TRIPLE TURN R, WALK R, WALK L, R LOCK STEP

2-3 Step forward on left, ½ pivot right [6]
4&5 Full triple turn right stepping left right left (alternative left shuffle) [6]
6-7 Walk right, Walk left
8&1 Step forward on right, Lock left behind right, Step forward on right

S3: ROCK FORWARD L, RECOVER, ¼ L CHASSE, CROSS, SIDE, R SAILOR

2-3 Rock forward on left, Recover on right
4&5 ¼ turn left stepping left to left side, Step right next to left, Step left next to right [3]
6-7 Cross right over left, Step left to left side
8&1 Step right behind left, Step left to left side, Step right next to left

S4: CROSS, SIDE, L SAILOR, SKATE R, SKATE L, SIDE TOGETHER

2-3 Cross left over right, Step right to right side
4&5 Step left behind right, Step right to right side, Step left next to right
6-7 Skate right, Skate left
8& Step right to right side, Step left next to right (restart the dance on 1)
