Chicken and Gravy

拍數: 32

級數: Intermediate / Advanced

編舞者: Jacob Ballard (USA) - October 2010

音樂: Little White Church - Little Big Town

Begin on lyrics

Out-In-Out With ¼, Hook, Behind, ¼, Step, ½, And Cross

- Jump feet out should with apart, jump feet together turning 1/8 left, jump feet out turning 1/8 1&2 left completing ¹/₄ turn (weight should go to left)
- 3&4 Touch right heel forward, hook right over left, jump right to side kicking left to side
- 5&6 Cross left behind right, turn 1/4 right and step right forward, step left forward
- 7&8 Turn ¹/₂ right and step right forward, turn ¹/₄ right and step left to side, cross right over left

1/4, 1/,4 Flick, Step-Step, Behind, Turn, 1/2, Run Forward

- 1&2 Turn ¼ left and step left forward, turn ¼ left and step right to side, cross left behind right
- &3&4 Flick right to side, cross right behind left, step left to side, step right to side
- Cross left behind right, turn ¼ right and step right forward, small hitch left knee turning ½ right 5&6 and touch left together (this should feel like a sweep without extending left out)
- 7&8 Step left forward, step right forward, step left forward

Touch, ¾, Touch, Pivot ½, Coaster Step, Out-Out-In-Step

- 1-2&3 Touch right toe forward, turn 1/2 right taking a small step with right placing it next to left, take a small step with left in place making a turn 1/4 right, touch right toe forward (weight should be on left)
- 4 Transfer weight to right pivoting 1/2 right
- 5&6 Step left back, step right together, step left forward
- &7&8 Step right to side, step left to side, step right in, step left forward

Scuff Rock Step Twice, Scuff, Touch Back, 1/2, 1/4, 1/4 Cross

- 1&2 Scuff right forward, rock right back, recover to left
- &3&4 Scuff right forward, rock right back, recover to left, scuff right forward
- 5-6 Touch right back, turn 1/2 right
- 7&8 Turn ¼ right and step left to side, turn ¼ right and step right to side, cross left over right

Repeat

RESTART: On wall 6, dance up to count 8, then restart from beginning

TAG: AFTER walls 1, 3 and 7. On wall 7 the tag will happen twice in a row

- 1&2&3&4 Cross/rock right over left, recover to left, rock right to side, recover to left, cross rock right behind left, recover to left, step right together clapping hands once
- 5&6&7&8 Cross/rock left over right, recover to right, rock left to side, recover to right, cross rock left behind right, recover to right, step left together clapping hands once

Start Dance Over





牆數:4