

# B.H.G. (aka Broken Hearted Girl)

**COPPER** **NOB**  
STEPSHEETS

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Gordon Elliott (AUS) - October 2010  
音樂: Broken-Hearted Girl - Beyoncé : (CD: I Am ... Sasha Fierce)



**Original Position: Feet Together Weight On The Left Foot.**

**STEPS: This dance is done in FOUR directions. Introduction : 16 Beats**

## **FORWARD, ROCK, COASTER STEP, PIVOT TURN-QUICK PIVOT-QUICK PIVOT**

1, 2            step r forward, rock back onto l,  
3 & 4          coaster : step r back, step l together, step r forward,  
5, 6          pivot : step l forward, turn 180deg right take weight onto r, quick pivot :  
7 &          step l forward, turn 180deg right take weight onto r,  
8 &          quick pivot : step l forward, turn 180deg right take weight onto r.

## **SIDE, ROCK, BEHIND-SIDE-ACROSS, SIDE, ROCK, BEHIND-1/4 TURN-FORWARD**

1, 2            step l to the side, side rock onto r,  
3 & 4          step l behind right, step r to the side, step l across in front of right,  
5, 6          step r to the side, side rock onto l,  
7 & 8          step r behind left, turn 90deg left step l forward, step r forward.

## **FORWARD, ROCK & FORWARD, ROCK & PADDLE TURN, ACROSS-SIDE-BEHIND-SIDE**

1, 2 &        step l forward, rock back onto r, step l together,  
3, 4 &        step r forward, rock back onto l, step r together,  
5, 6          paddle : step l forward, turn 90deg right take weight onto r,  
7 &          step l across in front of right, step r to the side,  
8 &          step l behind right, step r to the side.

## **SIDE, DRAG, BEHIND-SIDE-ACROSS, SIDE, 1/4 TURN, DOUBLE TURN FORWARD**

1, 2            step l to the side, drag r towards left & click fingers,  
3 & 4          step r behind, step l to the side, step r across in front of left,  
5, 6          step l to the side, turn 90deg right take weight onto r,  
7 &          turn 180deg right step l back, turn 180deg right step r forward, (##)  
8 &          turn 180deg right step l back, turn 180deg right step r forward.

## **COASTER FORWARD, COASTER BACK, FORWARD, 1/4 TOUCH, ACROSS-1/4 TURN-1/4 TURN**

1 & 2        coaster : step l forward, step r together, step l back,  
3 & 4        coaster : step r back, step l together, step r forward,  
5, 6        step l forward, turn 90deg left touch r toe to the side,  
7 &        step r across in front of left, turn 90deg right step l back,  
8          turn 90deg right step r to the side.

## **FORWARD, SWEEP, FORWARD, SWEEP, ACROSS-BACK-1/2 TURN, SHUFFLE FORWARD**

1, 2            step l forward, sweep r toe to the side,  
3, 4          step r forward, sweep l toe to the side,  
5 &          step l across in front of right, step r back,  
6          turn 180deg left step l forward,  
7 & 8        shuffle forward step : r-l-r.

## **& BACK, DRAG, BACK, DRAG, BACK-1/2 TURN-1/2 TURN, COASTER CROSS**

& 1, 2        step l together, step r back, drag l towards right,

3, 4            step l back, drag r towards left,  
5 & 6           step r back, turn 180deg left step l forward, turn 180deg left step r back,  
7 & 8           step l back, step r together, step l across in front of right.

**SIDE-ROCK-ACROSS, SIDE-ROCK-ACROSS, SIDE, TOUCH, 1 & 1/4 ROLL LEFT**

1 & 2           step r to the side, side rock onto l, step r across in front of left,  
3 & 4           step l to the side, side rock onto r, step l across in front of right,  
5, 6           step r to the side, drag to touch l toe together,  
7                turn 90deg left step l forward,  
& 8               turn 180deg left step r back, turn 180deg left step l forward.

64               Repeat The Dance In New Direction

**RESTART : On WALL 5 dance to BEAT 31 & ( ## ) then STEP L FORWARD ready to restart dance to 9.00.**

**Contact: [www.dancewithgordon.com](http://www.dancewithgordon.com)**

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