

All The Same

拍數: 64 牆數: 4 級數: Easy Intermediate
編舞者: Leonard Hage (NL) - October 2010
音樂: If It's All The Same - Dallas Wayne : (CD: Lucky 13)



Intro: Start the dance after 16 counts

[1 – 8] WALK, WALK, RIGHT SHUFFLE FWD, ROCK/ RECOVER, SAILOR 1/4 LEFT

1 - 2 Walk forward Right, Left
3&4 Right shuffle forward R-L-R
5 - 6 Rock forward on L, recover weight to R
7&8 Sailor- step 1/4 left (9:00)

[9 – 16] CROSS, SIDE, BEHIND & CROSS, STEP-1/2 PIVOT, SHUFFLE FWD

1 - 2 Cross R over L, step L to left side
3&4 Cross R behind left, (&) step L to left side, cross R over L
5 - 6 Step forward L, pivot 1/2 turn right (3:00)
7&8 Left shuffle forward L-R-L

[17 – 24] STEP, POINT, LEFT SHUFFLE FWD, ROCK/RECOVER, 1/4 CHASSE

1 - 2 Step forward R, point L to left side
3&4 Left shuffle forward L-R-L
5 - 6 Rock forward R, recover weight to L
7 - 8 Chasse 1/4 turn right R-L-R (6:00)

[25 – 32] CROSS, POINT, CROSS, POINT, ROCK/RECOVER, COASTER BACK

1 - 2 Cross L over R, point R to right side
3 - 4 Cross R over L, point L to left side
5 - 6 Rock forward on L, recover weight to R
7&8 Step back on L, (&) step R beside L, step forward on L

[33 – 40] STEP-1/2 PIVOT, SHUFFLE FWD, FULL TURN, SHUFFLE FWD

1 - 2 Step forward on R, make 1/2 turn left and transfer weight onto left (12:00)
3&4 Right shuffle forward R-L-R
5 - 6 Make 1/2 turn right step L back, make 1/2 turn right step R forward (12:00)
7&8 Left shuffle forward L-R-L

[41 – 48] ROCK/RECOVER, 1/4 CHASSE, CROSS, 1/4 TURN, 1/4 TURN, CROSS

1 - 2 Rock forward on R, recover weight to L
3&4 Chasse 1/4 turn right R-L-R (3:00)
5 - 6 Cross L over R, 1/4 turn left stepping back on R (12:00)
7 - 8 1/4 turn left stepping L to left side, cross R over left (9:00)

[49 – 56] ROCK/RECOVER, SAILOR 1/2 LEFT, ROCKING CHAIR

1 - 2 Rock forward on L, recover weight to R
3&4 Sailor- step 1/2 left (3:00)
5 - 6 Rock forward on R, recover weight to L
7 - 8 Rock back on R, recover weight to L

[57 – 64] WEAVE, CROSS ROCK/RECOVER, POINT, HOLD

1 - 2 Cross R over L, step L to left side
3 - 4 Cross R behind L, step L to left side

5 - 6 Cross/rock R over L, recover weight to L
7 - 8 Point R to right side, Hold

START AGAIN
