

Rock Me Baby

COPPER **KNOB**
BY STEPHENETS

拍數: 48 牆數: 2 級數: Beginner
編舞者: Linda Ellis (USA) - October 2010
音樂: Rock Me Baby - Steve Miller Band : (Album: Bingo!)



Start on vocals (the word "rock" is count 1)

The clock directions on the right side indicate the direction you should be facing at the end of the movement.

STEP TOUCH, TURN TOUCH, TURN TOUCH, STEP TOUCH

With hands at shoulder height, elbows bent and elbows pointing to ground, snap fingers on the touches

- 1,2 Step right forward to right diagonal (1:30), Making 1/8 turn left touch left next to right [10:30]
3,4 Make 1/8 turn left and step left forward (toward 9:00), Touch right next to left [9:00]
5,6 Make 1/4 turn left and step right to right side, Touch left next to right [6:00]
7,8 Step Left to left side, touch right next to left

WALK, WALK, WALK, KICK, BACK, BACK, BACK, TOUCH

- 1234 Walk right forward, Walk left forward, Walk right forward, Kick left (low kick) forward
5678 Walk left back, walk right back, walk left back, touch right next to left

STEP, SWIVEL FOOT IN, STEP TOUCH, STEP TOUCH

- 1234 Step right to forward right diagonal (7:30), swivel left heel toward right foot, swivel left toes toward right foot, swivel left heel toward right foot (no weight change)
5,6 Step left to left side, touch right next to left
7,8 Step right to right side, touch left next to right

STEP, SWIVEL FOOT IN, STEP TOUCH, STEP TOUCH

- 1234 Step left to forward left diagonal (4:30), swivel right heel toward left foot, swivel right toes toward left foot, swivel right heel toward left foot (no weight change)
5,6 Step right to right side, touch left next to right
7,8 Step left to left side, touch right next to left

SLIDE RIGHT, HEEL, TOUCH, SLIDE LEFT, HEEL, TOUCH

- 1,2 Step right to right side (large step), Touch left next to right
3,4 Touch left heel forward, touch left next to right
5,6 Step left to left side (large step), touch right next to left
7,8 Touch right heel forward, touch right next to left

SMALL WALKS (4X), KICK BALL CHANGE, KICK BALL CHANGE

- 1,2,3,4 Small walks forward (right, left, right, left)
5&6 Kick right forward, & step ball of right foot back, step left in place
7&8 Kick right forward, & step ball of right foot back, step left in place

Start Over And Have Fun!!!

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