

Fight

拍數: 64 牆數: 4 級數: Intermediate / Advanced
編舞者: Rob Fowler (ES) & Debbie Ellis (ES) - October 2010
音樂: Fight For This Love - Cheryl



SEC1: Kick side touch; kick side touch, kick back touch, hold, Ball step

1&2 Kick right foot forward, step forward onto right, touch left to left side
3&4 Kick left foot forward, step forward onto left, touch right to right side
5&6 Kick right foot forward, step back onto right, step left foot forward
7&8 Hold, step left next to right, step forward onto right foot turning foot out to the right

SEC2: & Step kick, cross unwind, back, back, knee pop, heel twist x2

&1,2 Step left foot behind right, step forward right turning right foot out to right, kick left foot forward
3-4 Cross left foot over right foot, make a full turn right on balls of both feet
&5&6 Step back onto right foot, step left to the left side, lift both heel ups bending knees, place both heels down
&7&8 Twist right heel inwards, twist right heel back to centre, Twist left heel inwards, twist left heel back to centre

SEC3: Rock forward side sailor step, rock forward side coaster step

1&2& Rock right foot over left foot, recover back onto left foot, rock right to right side, recover to left
3&4 Right sailor step
5&6& Rock left foot over right foot, recover back onto right foot, rock left to left side, recover to right
7&8 Left coaster step

SEC4: Knee pop backwards x2, shuffle back, Knee pops backwards x2, shuffle back

1,2 Stepping right behind left foot with a straight leg bending left knee, Step left behind right straight leg bending right knee
3&4& Right shuffle backwards, left hitch,
5,6 Step left behind right straight leg bending right knee, step right behind left foot with a straight leg bending left knee
7&8& Left shuffle backwards, right hitch

SEC5: Right coaster step, ¼ turn right, cross side, behind side cross

1&2 Right coaster step
3-4 Make ½ turn right stepping back onto left, make ¼ left stepping right to right side
5,6 Cross left over right, step right to right side
7&8 Step left behind left, step right to right side, step left over right

SEC6: Full monterey turn right, switch steps, side hold and side touch

1,2 Touch right toe to right side, make full monetary turn to right stepping right next to left
3&4& Touch left to left side, step left next to right, touch right to right side, step right next to left
5,6 Touch left to left side, transfer weight onto left
&7,8 Step right next to left, step left to left side, touch right toe next to left

SEC7: Rolling hitch turn right, ¼ turn side rock, ¼ turn recover to centre (Facing 0 clock) x2

1&2 Make ¼ turn to right stepping onto right, make ¼ turn right hitching left knee, make ¼ turn right stepping back onto left foot
&3,4 Make ¼ turn to right hitching right knee, step right to right side, touch left next to right
5&6 Make ¼ turn back left rocking left foot to left side, make ¼ turn to right transfer weight forward onto right, step left foot next to right

7&8 Make ¼ turn back right rocking right foot to right side, make ¼ turn to left transfer weight forward onto left, step right foot next to left

SEC8: Step forward, rocking chair, brush hitch back, coaster step, walk walk

1 Step forward onto left

2&3& Rock forward onto right recover back onto left, rock back on right recover forward on left

4&5 Brush right foot forward, hitch right knee, step back long step onto right foot

6&7,8 Hold, step left next to right, walk forward left, walk forward left

Start over

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