# Misery

拍數: 40

牆數: 4 編舞者: Gary Stubbs (UK) - October 2010

音樂: Misery - Maroon 5

### Walk Right, Left, Right Lock Step, Left Mambo Step, Sailor Half Turn.

- 1-2 Step Forward Right, Step Forward Left.
- 3&4 Step Right Forward, Lock Left Behind Right, Step Right Forward.
- Rock forward on L. Rock back on R. Step back on L. 5&6
- Make 1/4 turn to Right Crossing Right Behind Left, 1/4 turn Right stepping Back On The Left, 7&8 step forward Right.

級數: Intermediate

# Quarter Turn Jazzbox, Behind Side Cross, Left Point and Right Point and Left Heel and Right Toe.

- Cross Left Over Right, Step Back on Right Making Quarter Turn Left, Step Left to Left Side. 1&2
- 3&4 Step Right Behind Left, Step Left To Left Side, Cross Left Over Right.
- 5&6 Point Left To Left Side, Bring Left In and Point Right To Right Side.
- &7&8 Bring Right In and Dig Left Heel Forward, Bring Left in and Point Right Toe Behind (Keeping Weight on the Left).

### Rock , Sailor Quarter Turn , Left Lock Step , Right Lock Step , Step.

- 1-2 Rock Forward Right, Recover on to LeRightft.
- 3&4 Cross Right Behind Left, Step Left Back Making a Quarter Turn Right, Step Forward on the Right.
- 5&6 Step left forward. Lock right behind left. Step left forward.
- &7& Step right forward. Lock left behind right. Step right forward.
- Step Left Foot Forward. 8

# Rock, Shuffle Back, Left Coaster Step, Walk Right, Walk Left.

- 1-2 Rock Forward on The Right, Recover on The Left.
- 3&4 Step Right Back, Step Left Together, Step Right Back.
- Step Left Back, Step Right Foot Next To Left, Step Left Foot Forward. 5&6
- 7-8 Walk Right, Walk Left

# Syncopated Weave to the Left, Monterey Quarter Turn Left Flick.

- 1&2 Cross Right Over left, Step Left To Left Side, Step Right Behind Left.
- Step Left to Left, Cross Right Over Left, Step Left to Left, Cross Right behind left. &3&4
- 5-6 Point Left to Left, Make a Quarter Turn Left as you step left next to right.
- 7-8 Point Right to RIght and flick right behind left.

# Tag : After Walls 2 and 5.

# Walk R, Walk L, Right Lock Step, L Rock, L Coaster Step.

- Step Forward Right, Step Forward Left. 1-2
- 3&4 Step Right Forward, Lock Left Behind Right, Step Right Forward.
- 5-6 Rock Forward On The Left, Recover on To Right.
- 7&8 Step Left Back, Step Right Next to Left, Step Forward on Left.

# Restart.

Wall 8 Dance up to 24 counts after the lock steps and start again .

