

Blue Cha

拍數: 32 牆數: 4 級數: Beginner
編舞者: Fred Buckley (CAN) & Vivienne Scott (CAN) - May 2010
音樂: Blue Cafe - Major Dundee : (CD: Rainy River)



Intro: 48 counts and start on the lyrics, or 16 counts and start during the instrumental.

Or Music:

'Ten Million Teardrops' by Jason McCoy (CD Greatest Hits - Start 32 counts into the lyrics on "I thought .."
'Somebody Like You' by Keith Urban (Album 'Greatest Hits')

(1-8) Rock Forward, Recover, Shuffle Back, Rock Back, Recover, Shuffle Forward

1-2 Rock forward on right t, recover on left
3&4 Shuffle back, right, left, right
5-6 Rock back on left, recover on right
7&8 Shuffle forward, left, right, left

(9-16) Step 1/2 Turn Pivot, Turning Shuffle, Rock Back, Recover, Shuffle Forward

1-2 Step forward on right, pivot 1/2 turn left
3&4 Shuffle 1/2 turn left, stepping right, left, right
5-6 Rock back on left, recover on right
7&8 Shuffle forward, left, right, left

(17-24) Step Across, Step Side, Triple In Place, Step Across, Step Side, 1/4 Turn Triple In Place

1-2 Cross right over left, step left to left side
3&4 Triple in place, right, left, right
5-6 Cross left over right, step right to right side
7-8 Turn 1/4 left and triple in place, left, right, left

(25-32) Rocking Chair, 1/2 Turn Pivot, Walks Forward

1-2 Rock forward on right, recover on left
3-4 Rock back on right, recover on left
5-6 Step right forward, pivot 1/2 turn left
7-8 Walk forward right, left

Option: 7-8 2 count full turn over left shoulder traveling forward.

Have Fun!

Many thanks to Henrico for the song suggestion.

There is also a partner dance -- BLUE CHA for 2

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