

Knee Deep

拍數: 32 牆數: 4 級數: Improver
編舞者: Peter Metelnick (UK) & Alison Metelnick (UK) - October 2010
音樂: Knee Deep (feat. Jimmy Buffett) - Zac Brown Band : (CD: You Get What You Give)



Start after 32 count intro.

(1-8) R step touch, L step kick, R behind-side-cross, L step touch, R step kick, L behind – ¼ R-L fwd

1&2& Step R side, touch L together, step L side, low kick R
3&4 Cross step R behind L, step L side, cross step R over L
5&6& Step L side, touch R together, step R side, low kick L
7&8 Cross step L behind R, turning ¼ right step R forward, step L forward (3 o'clock)

(9-16) R fwd rock-recover-1/2 R- L scuff, ½ R turning shuffle, R coaster step, "run" fwd 3

1&2& Rock R forward, recover weight on L, turning ½ right step R forward, scuff L forward
3&4 Turning ¼ right step L side, step R together, turning ¼ right step L back (3 o'clock)

Non-turning option 1&2: R fwd mambo, 3&4: L shuffle back

5&6 Step R back, step L together, step R forward
7&8 Step L forward, step R forward, step L forward

RESTART: During wall 3 dance up to here. You will be facing left side wall and restart.

(17-24) R fwd diagonal step-lock-step, L heel fwd, L toe touch back, L fwd diagonal step-lock-step, R jazz box

1&2 On right diagonal step R forward, lock L behind R, step R forward
3-4 Touch L heel forward on L diagonal, touch L toes back
5&6 On left diagonal step L forward, lock R behind L, step L forward
7&8 Cross R over L, step L back, turning 1/8th right step R side (body facing R diagonal) (4:30 o'clock)

(25-32) Full R walk around x 4 steps with a L shuffle to complete turn, R kick ball change

1-4 Turning a full right circle around walk L, R, L, R
5&6 Step L forward, step R together, step L forward (3 o'clock)
7&8 Kick R forward, step R together, step L together

TAG: At the end of wall 6 dance the following 4 count tag: fwd & back mambo, and restart

1&2 Rock R forward, recover weight on L, step R together
3&4 Rock L back, recover weight on R, step L together

Contact: Tel: 01462 735778 - Web site: www.thedancefactoryuk.co.uk