

# Baby One More Time

**COPPER** KNOB  
BY STEPHENETS

拍數: 40      牆數: 4      級數: Beginner  
編舞者: Nena Matela (USA) - December 2007  
音樂: Baby One More Time - Britney Spears



**Alternative: Baby One More Time by Glee Cast**

**Start dance 16 count in from first heavy drumbeat.**

## **SIDE, CROSS, HEEL SWIVELS**

1-2            Turn body diagonally right and step right to side, cross left over right  
3&4           Step right next to left swiveling both heels right-left-right (weight to right)  
5-6           Turn body diagonally left and step left to side, cross right over left  
7&8           Step left next to right swiveling both heels left-right-left (weight to left)

**(9-16) Repeat 1-8**

## **BACK ROCK AND STEP**

1&2           Turn body diagonally right and rock right back, recover to left, step right in place  
3&4           Turn body diagonally left and rock left back, recover to right, step left in place  
5-8           Repeat 1-4

## **MONTEREY HALF-TURNS**

1-2           Touch right to side, step right together turning 1/2 right  
3-4           Touch left to side, step left together  
5-6           Touch right to side, step right together turning 1/2 right  
7-8           Touch left to side, step left together

## **SAMBA WALK, SAMBA TURN, SAMBA WALKS**

1a2           Step right forward, rock left back, recover to right  
3a4           Step left forward, rock right toe back turning 1/4 left, recover to left  
5a6           Step right forward, rock left toe back, recover to right  
7a8           Step left forward, rock right toe back, recover to left

**REPEAT**

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