

Stay the Night

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Francien Sittrop (NL) - October 2010
音樂: Stay the Night - James Blunt : (Single)



Intro: After 32 Counts from the beginning

(1 – 8) Walks R&L , Step fwd, ¼ Turn L, Cross, Triple ½ Turn R, R Shuffle fwd

1 – 2 Walk fwd R, L
3 & 4 Step R fwd, ¼ Turn L , Step R across L (9.00)
5 & 6 ¼ Turn R step L back, ¼ Turn R Step R fwd, ,Step L fwd (3.00)
7 & 8 Step R fwd, Step L next to R , Step R fwd

(9-16) Step fwd, ¼ Turn R, Cross, Vine R , Step Side - Sync. Rock Step back x2

1 & 2 Step L fwd, ¼ Turn R , Step L across R (6.00)
3&4& Step R to R side, Step L behind R, Step R to R side, Step L across R
5-6& Step R big step to R side, Rock L back, Recover on R
7-8& Step L big step to L side, Rock R back , Recover on L

(17-24) Prissy Walks R&L, R Mambo Step, Full Turn L back, Sailor Cross ¼ Turn R

1 – 2 Step R across L, Step L across R
3 & 4 Rock R fwd, Recover on L, Step R back
5 – 6 ½ Turn L step L fwd, ½ Turn L step R back and sweep L back (6.00)
7 & 8 Step L behind R with ¼ Turn L, Step R next to L, Step L across R (3.00)

(25-32) Ball Cross , Side, Sailor Cross ½ Turn L , Jump R , Step Fwd, Mambo fwd, ½ L step fwd

& 1 Step R to R side, Step L across R
2 Step R to R side
3 & 4 Step L behind R with ½ Turn L, Step R next to L, Step L across R (9.00)
& 5 Jump to the R side on Both Feet and Bend Knees a Little bit
6 Step R fwd
7 & 8 Rock L fwd, Recover on R, ½ Turn L Step L fwd (3.00)

(33-40) ¼ Turn L , Behind , ¼ Turn R , ¼ Turn R , Behind, ¼ Turn L, ½ Rumba Box, Side, ¼ R, Step fwd

1-2& ¼ Turn L step R to R side (12.00), Step L behind R, ¼ Turn R step R fwd (3.00)
3-4& ¼ Turn R step L to L side (6.00), Step R behind L, ¼ Turn L step L fwd (3.00)
5 & 6 Step R to R side, Step L next to R, Step R fwd
7 & 8 Step L to L side, ¼ turn R step R to R side, Step L fwd (6.00)

(41-48) Side Rock , Recover ¼ L, Paddle ½ Turn L, Kick Step - Rock – Recover x2 (Travelling fwd)

1 – 2 Rock R to R side and Push hips R , ¼ turn L step L fwd (3.00)
&3&4 Hitch R , ¼ L touch R to R side x2 (9.00)
5&6& Kick R fwd, Step R down, Rock L to L side, Recover on R
7&8& Kick L fwd, Step L down, Rock R to R side, Recover on L

Start Again

Ending:

At the end the music flows away , dance up to count 12 (Vine R) then Step R to R side and Pose

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