Knee Deep

拍數: 64

級數: Improver 2 step

編舞者: Yvonne Anderson (SCO) - September 2010

音樂: Knee Deep (feat. Jimmy Buffett) - Zac Brown Band

Start on the vocal

ROCK BACK, RECOVER, HEEL STRUT TWICE

- 1-4 Cross/rock right behind left, recover to left, step right heel to side, drop right toes
- 5-8 Cross/rock left behind right, recover to right, step left heel to side, drop left toes

BEHIND-TURN ¼ LEFT-STEP FORWARD HOLD, LEFT SHUFFLE FORWARD

- 1-4 Cross right behind left, turn ¼ left and step left forward, step right forward, hold (9:00)
- 5-8 Walk forward stepping left, right, left, hold

STEP-TURN ½ LEFT-STEP FORWARD, HOLD, FULL TURN WITH TOUCHES

- 1-4 Step right forward, turn ½ left (weight on left), step right forward, hold (3:00)
- 5-8 Turn ½ right and step left back, touch right together, turn ½ right and step right forward, brush left forward (3:00)

STEP FORWARD, TOUCH, STEP BACK, KICK, REVERSE LEFT LOCK LEFT, HOLD

- 1-4 Step left forward, touch right toes behind left, step right back, kick left forward
- 5-8 Step left back, lock right across left, step left back, hold

During wall 3, dance first 32 then begin again, now facing 9:00

STEP TURN ¼ RIGHT, TOUCH, SIDE, KICK, BEHIND-SIDE-FORWARD, HOLD

- 1-4 Turn ¼ right and step right to side, touch left toes beside right instep, step left to side, kick right to forward right diagonal (6:00)
- 5-8 Cross right behind left, step left to side, step right forward, hold

SHUFFLE FORWARD, HOLD, KICK-OUT-OUT, HOLD

- 1-4 Chassé forward stepping left, right, left, hold
- 5-8 Kick right forward to left diagonal, step right to side, step left to side, hold

The kick out-out move usually hits when he is singing the word high, so add the following hands for fun: Reach both hands up to head height and then spread them out and down, palms up.

RIGHT AND LEFT SAILOR STEPS WITH HOLDS

- 1-4 Cross right behind left, step left to side, step right to side, hold
- 5-8 Cross left behind right, step right to side, step left to side, hold

STEP ½, STEP ¼ WITH HOLDS AND FINGER SNAPS

- 1-4 Step right forward, snap fingers forward, turn ½ left (weight on left), snap fingers forward (12:00)
- 5-8 Step right forward, snap fingers forward, turn ¼ left (weight on left), snap fingers forward (9:00)

REPEAT

TAG

At the end of wall 6 (facing 12:00) add the following 8 counts

ROCK BACK, RECOVER, HEEL STRUT TWICE

- 1-4 Cross/rock right behind left, recover to left, step right heel to right, drop right toes to floor (12:00)
- 5-8 Cross/rock left behind right, recover to right, step left heel to left, drop left toes to floor (12:00)



牆數

牆數:4