

Bumpy Ride

拍數: 32 牆數: 4
編舞者: Daniel Trepát (NL) - August 2010
音樂: Bumpy Ride - Mohombi

級數: Beginner / Novice



Dance starts after 16 counts

OUT, OUT, HAND MOVEMENT, WALK R & L, R MAMBO, L MAMBO

- 1 RF Step out to right side
- & LF Step out to left side
- 2 both arms will touch each other with the elbows and the wrist (arm will be vertical from the elbow in front of body and face)
- 3 RF Walk forward
- 4 LF Walk forward
- 5 RF Mambo to right side
- & LF Recover weight
- 6 RF Close next to LF
- 7 LF Mambo to left side
- & RF Recover weight
- 8 LF Close next to RF

OUT OUT FWD, OUT OUT BACK (2X), ¾ TURN L WITH SMALL STEPS

- & RF Small step forward (shoulder wide)
- 1 LF Small Step forward (shoulder wide)
- & RF Small step back (shoulder wide)
- 2 LF Small Step back (shoulder wide)
- & RF Small step forward (shoulder wide)
- 3 LF Small Step forward (shoulder wide)
- & RF Small step back (shoulder wide)
- 4 LF Small Step back (shoulder wide)
- &5 &6 &7 &8 A ¾ turn left stepping right and then with left foot (shoulder wide)

SIDE, CLOSE, STEP, ¼ TURN R, CISSOR STEP, ¼ TURN R, SHUFFLE FWD, ½ TURN L, SHUFFLE FWD

- 1 RF Step to right side
- & LF Close next to RF
- 2 RF Step forward
- 3 LF ¼ turn right stepping to left side
- & RF Close next to LF
- 4 LF Cross over RF
- 5 RF ¼ turn right stepping forward
- & LF Close next to RF
- 6 RF Step forward
- 7 LF ½ turn left stepping forward
- & RF Close next to LF
- 8 LF Step forward

JAZZBOX ½ TURN R, HITCH 2X R, HITCH 2X L

- 1 RF Cross over LF
- 2 LF ¼ turn right stepping back
- 3 RF ¼ turn right stepping forward
- 4 LF Step forward
- 5 RF Hitch

& RF Touch next to LF
6 RF Hitch
& RF Recover next to LF
7 LF Hitch
& LF Touch next to RF
8 LF Hitch
& LF Recover next to RF
