

El Jala, Jala

拍數: 48 牆數: 2 級數: Improver
編舞者: Sebastiaan Holtland (NL) - October 2010
音樂: El Jala, Jala - Los Siete Latinos



I will especially thank you so much Mary Chan, to get this great song from you!

32 count intro (17 sec)

Sec 1: Diagonally Hip Bumps Fwd, Kick, Out, Out, Hold, Swivet, 1/4 Turn L, Back Mambo, Fwd

- 1&2 Touch R toe diagonally forward and bumping hips forward, bump hips back, bump hips forward (12:00)
3&4 Kicking forward on Rf, step Rf out to the right side, and step Lf out to the left side weight onto feet ****Restart****
5-6 HOLD, Make a 1/4 turn left (9:00) and swivet L toe to left and R heel to right and take weight onto Rf
7&8 Mambo back on Lf, recover on Rf, step forward on Lf (9:00)

RESTART Here WALL 1 after 4 count (Facing 6 O'clock)

Sec 2: Step Fwd, 1/4 Turn R, Side, Heel, Hold, & Cross, Side, Sailor Step

- 1-2 Step forward on Rf, make a 1/4 turn to right (12:00) and step Lf to the left side weight onto Lf
3-4 Bring R heel diagonal forward (toes up) and holding weight onto Lf, HOLD
5-6 Step R heel back in place, and cross Lf over Rf, and step Rf to the right side weight onto Rf
7&8 Step Lf behind Rf, step Rf to the right, step Lf to the left (Sailor step) (12:00)

Sec 3: Step Fwd, 1/2 Turn R, Back, Back, Tog Clap, Step Fwd, 1/2 Turn L, Back, 1/4 Turn L, Side, Tog Clap, Clap

- 1-2 Step forward on Rf, making a 1/2 turn to right (6) and step back on Lf weight onto Lf
3-4 Step back on Rf, touch Lf beside Rf (Clap)
5-6 Step forward on Lf, making a 1/2 turn to left (12) and step back on Rf weight onto Rf
7&8 Continue a 1/4 turn left (9) and step Lf to the left weight onto Lf, touch Rf beside Lf (Clap), (Clap) weight onto Lf

Sec 4: Side Rock / Recover, Cross Shuffle, 1/4 Turn R, Back, Side, Lock Step Fwd

- 1-2 Step Rf to the right, recover on Lf weight onto Lf (9:00)
3&4 Cross Rf over Lf, step Lf to the left, cross Rf over Lf weight onto Rf (Cross Shuffle)
5-6 Making a 1/4 turn to right (12) and step back on Lf, step Rf to the right weight onto Rf
7&8 Step forward on Lf, lock Rf behind Lf, step forward on Lf weight onto Lf (Lock Step) (12:00)

Sec 5: Cross, Back, Out, Out, Together, Side Rock / Recover, Behind, Side, Cross

- 1-2 Cross Rf over Lf, step back on Lf (12:00)
3-4 Step Rf out to the right, step Lf out to the left weight onto both feet ****Restart****
&5-6 Step Rf beside Lf, step Lf to the left, recover on Rf weight onto Rf
7&8 Step Lf behind Rf, step Rf to the right, cross Lf over Rf weight onto Lf (12:00)

RESTART Here WALL 6 after 4 count (Facing 6 O'clock)

Sec 6: Rock Fwd / Recover, 1/4 Turn R, Jump Both Feet Apart, Hold, Together, 1/4 Turn R, Back Rock / Recover, Lock Step, Fwd

- 1-2 Rock forward on Rf, recover on Lf weight onto Lf
&3-4 Making a 1/4 turn to right (3) jump both feet apart take weight onto both feet (&3), HOLD
&5-6 Step Rf beside Lf, making a 1/4 turn to right (6) and rock back on Lf, recover on Rf
7&8 Step forward on Lf, lock Rf behind Lf, step forward on Lf weight onto Lf (Lock Step) (6:00)

Start Again

Note: When you start dancing WALL 8 after 16 count, start again with sec 1 after 4 counts music ending (12 o'clock)

Contact: smoothdancer79@hotmail.com
