

Anada

COPPER KNOB
STEPPERS

拍數: 64 牆數: 4 級數: Beginner
編舞者: Lily Liu (MY) - May 2009
音樂: Anada - Bing Bing Bai



Sequence : A A B A / A / A A B A / TAG / B A / A 16

Intro : 32 Counts

SEQUENCE A

(1) ROCK , RECOVER , SHUFFLE BWD , ROCK RECOVER , SHUFFLE FWD

1 2 Rock fwd on right , recover on left
3 & 4 Shuffle bwd on right , left , right
5 6 Rock back on left , recover on right
7 & 8 Shuffle fwd on left , right , left

(2) PADDLE 1/4 TURN LEFT TWICE , ROCKING CHAIR

1 2 Step R fwd , paddle 1/4 turn left
3 4 Step R fwd , paddle 1/4 turn left
5 6 Rock fwd on R , recover on L
7 8 Rock bwd on R , recover on L

(3) STEP , SCUFF , STEP – LOCK , STEP , SCUFF , STEP , 1/4 TURN

1 2 Step fwd on R , scuff L fwd
3 4 Step fwd on L , cross lock R behind L
5 6 Step fwd on L , scuff R fwd
7 8 Step fwd on R , pivot 1/4 turn left

(4) TWIST R , L , R , KICK BACK , SHUFFLE FWD , PIVOT 1/2 TURN

1 2 Twist heels to right diagonal , twist heel to left diagonal
3 4 Twist heels to right diagonal , kick left heel back
5 & 6 Shuffle fwd on left , right , left
7 8 Step fwd on R , pivot 1/2 turn left

SEQUENCE B

(1) CAMEL WALK MOVING FWD- BALL WALKS

1 2 Walk fwd on ball of right , left
3 4 Walk fwd on ball of right , hold
5 6 Walk fwd on ball of left , right
7 8 Walk fwd on ball of left , hold

(2) ROCK , RECOVER , TOGETHER , HOLD , JAZZ – BOX CROSS

1 2 Rock bwd on L , recover on R
3 4 Step L together with R , hold
5 6 Cross R over L , step back on L
7 8 Step R to right side , cross L over R

(3) SIDE , BEHIND , CHASSE 1/4 TURN , STEP , 1/4 TURN , CROSS SHUFFLE

1 2 Step R to right side , cross L behind R
3 4 Step R to right side , step L next to R , turn 1/4 right stepping R fwd
5 6 Step fwd on L , pivot 1/2 turn right
7 & 8 Cross L over R , step R to right side , cross L over R

(4) POINT , TOUCH , POINT , HITCH , SIDE , BEHIND , 1/4 TURN , STEP

1 2 Point R to right side , touch R beside L
3 4 Point R to right side , hitch R raising L heel
5 6 Step R to right side , cross L behind R
7 8 Turn 1/4 right stepping R fwd , step fwd on L

TAG : BUMP , HOLD , BUMP , HOLD

1 2 Step R to right bumping hips to right , hold
3 4 Bump hips to left , hold

ENDING (A 16) : Repeat the last 4 counts of rocking chair by jazz box with 1/4 turn right to end the dance facing front .
