

EZ Hands Up

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 1 級數: Ultra Beginner
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音樂: Hands Up - Ottawan



Intro: 48 counts

*This is dedicated to The Salvation Army Women's Camps 2010 – Line Dance Workshop

Sec. 1: SIDE TOGETHER, SIDE, TOUCH, SIDE, TOGETHER, SIDE TOUCH

1-2-3-4 Step right to right side, step left next to right, step right to right side, touch left next to right
5-6-7-8 Step left to left side, step right next to left, step left to left side, touch right next to left

Sec. 2: (OUT, OUT, IN, IN) X 2

1-2-3-4 Step right foot diagonal right forward, step left foot diagonal left forward, Step right foot backward, step left foot backward next to right
5-6-7-8 Repeat count 1 - 4

Sec. 3: WALK FORWARD (X 3), KICK, WALK BACKWARD (X 3), BACK TOUCH

1-2-3-4 Walk forward – R, L, R, low kick left foot forward
5-6-7-8 Walk backward – L, R, L, touch right foot back

Sec. 4: HEEL, HEEL, TOE, TOE, HEEL, HOLD, TOE, HOLD

1-2-3-4 (Touch right heel forward) x 2, (touch right toe back) x 2
5-6-7-8 Touch right heel forward, HOLD, touch right toe back, HOLD

Sec. 5: TOE STRUT FORWARD X 4

1-2-3-4 Touch right toe forward, drop right heel down, touch left toe forward, drop left heel down
5-6-7-8 Repeat count 1 - 4

Sec. 6: WALK BACKWARD (X 3), TOGETHER, HEEL SPILT X 2

1-2-3-4 Walk backward – R, L, R, step left foot next to right
5-6-7-8 (Swivel both heels out, swivel both heels together) x 2

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