

Mexicoma

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Patti Bullock (USA) - September 2010
音樂: Mexicoma - Bucky Covington



Dance begins on Lyrics

(1- 8) Weave to Right with Back Flick , Weave to Left with a Side Touch

1,2 Cross Left foot in front of Right foot, Step side with Right foot
3,4 Cross Left foot behind Right foot, Flick-Kick Right foot from behind
5,6 Cross Right foot in front of Left foot, Step side with Left foot
7,8 Step behind with Right foot, Point and touch Left foot out to the side

(9 -16) Sweep Steps Back , Rock Back, Recover front, Walk, Walk

1,2 Sweep Left foot back and step on Left foot (styling - roll Left shoulder)
3,4 Sweep Right foot back and step on Right foot (styling - roll Right shoulder)
5,6 Rock back on Left foot, Recover forward on the Right foot
7,8 Walk forward 2 steps - Left , Right

(17- 24) Cha-Cha Steps, Left 1/2Turn, Cha-Cha Steps , Right 1/2Turn

1 & 2 Step forward with Left foot, Step Right foot behind Left foot, Step on Left foot
3,4 Step forward with Right foot, Step on Left foot as you make a Left ½ turn
5 & 6 Step forward with Right foot, Step Left foot behind Right foot, Step on Right
7,8 Step forward with Left foot, Step on Right foot as you make a Right ½ turn

(25 - 32) Traveling Back Weaving Vine , Touch

1,2 Cross Left foot over Right foot, Step back on Right foot
3,4 Step back with Left foot, Cross Right foot over Left foot
5,6 Step back with Left foot, Step back with Right foot
7,8 Cross Left foot over Right foot, Touch Right foot in - next to Left foot

(33 - 40) Step together Step, Pivot ½ Turn Right, Step together Step, Touch

1,2 Step Right foot to Right side, Step Left foot next to Right foot
3,4 Step Right foot to Right side, Lift Left foot & make ½ turn to the Right
5,6 Step Left foot down , Step Right foot next to Left foot
7,8 Step Left foot down, Touch Right foot next to Left foot

(41 - 48) Weave to the Right, Brush, Cross Over Rock, Cha-cha side

1,2 Step side with Right foot, Cross Left foot behind Right foot
3,4 Step side with Right foot, Brush Left foot forward crossing Right foot
5,6 Rock forward with Left foot, recover stepping back on the Right foot
7 & 8 Step Left foot to side, Step Right foot next to Left foot, Step Left foot to side

(49 - 56) Cross Over Rocking Chairs with Heel Switches

1,2 Cross and rock Right foot over Left foot, Recover back on Left foot
3,4 Step to side with Right foot, Cross and rock Left foot over Right foot
5,6 Recover back on Right foot, Step to side with Left foot
7,8 Hop Right heel front & switch Hop Left heel front

(57 - 64) Monterey ½ Turn Right , Monteray ½ Turn Left, Hold

1,2 Point Right foot out to side, Bring Right foot back in next to Left foot
3 Lift Left foot, pivot ½ turn to the right and point Left foot out to side

- 4 Place Left foot back in next to Right foot
- 5,6 Point Right foot out to side, Bring Right foot back in next to Left foot
- 7 Lift Left foot, pivot $\frac{1}{2}$ turn to the right and point Left foot out to side
- 8 Hold

Begin Dance again - NO Tags or Restarts -
