

Mr Dee Jay

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Johnny Two-Step (UK) - September 2010
音樂: Mr. Dee Jay - The Lennerockers



KICK, KICK ,SAILOR STEP , KICK,KICK SHUFFLE BACK

1-2 Kick right foot forward kick right to right side
3&4 Make a ¼ turn sailor step to the right cross right behind left ¼ turn right on left step right to right side
5-6 Kick left foot forward kick left to left side
7&8 Shuffle back on left right next to left back on left foot

ROCK BACK, RECOVER, SHUFFLE FORWARD, STEP ¼ PIVOT CROSS SIDE CROSS,

1-2 Rock back on right recover on left foot
3&4 Shuffle forward stepping forward on right step left next to right step forward on right
5-6 Step forward on left foot make ¼ turn right on right foot
7&8 Cross left over right step right to right side cross left over right foot

ROCK SIDE, RECOVER, CROSS SIDE CROSS STEP BACK SIDE FORWARD HOLD

1-2 Rock out to right side recover on left foot
3&4 Cross right over left step left to left side cross right over left foot
5-6 Step back on left foot step right to right side
7-8 Step forward on left and hold

STEP LOCK STEP, STEP LOCK STEP, ROCK RECOVER, ½ TURN SHUFFLE

1&2 Step forward on right step left behind right step forward on right foot
3&4 Step forward on left step right behind left step forward on left foot
5-6 Rock forward on right recover on left
7&8 Make ½ turn shuffle right stepping right left right

½ TURN SHUFFLE RIGHT COASTER STEP ROCK SIDE RECOVER CROSS HOLD

1&2 Make ½ turn shuffle right stepping left right left
3&4 Right coaster step back on right step left next to right step forward on right foot
5-6 Rock out to left side recover on to right foot
7-8 Cross left over right foot and hold

ROCK SIDE RECOVER CROSS HOLD ¼ TURN RIGHT HOLD

1-2 Rock out to right side recover on to left foot
3-4 Cross right over left foot and hold
5-6 ¼ turn right stepping back on left foot step right to right side
7-8 step forward on left and hold

Start Again
