

Hope

拍數: 32 牆數: 4 級數: Improver
編舞者: Jonas Dahlgren (SWE) - September 2010
音樂: Hope - Shaggy : (CD: Hot Shot)



Start dancing on lyrics

Walk, Walk Rock And Mambo Together, Paddle Turn $\frac{3}{4}$, Cross And Heel, Cross A $\frac{1}{4}$ Press

1-2 Step right forward, step left forward
3&4 Mambo right forward and step in place
5-6 Step right forward turn $\frac{1}{4}$, step right forward turn $\frac{1}{4}$
7-8 Step right forward turn $\frac{1}{4}$, step in place

Cross, Heel, Cross, Press, Baracudas X4 Back

1& Cross right over left, step left to side
2& Put your heel to the right side, step right in place
3& Cross left over right, step back and make a $\frac{1}{4}$ turn to the left
4& Step right back, press left forward
5& Press right forward
6& Press left forward
7& Press right forward
8& Press left forward, step left in place

*2x Half Boxes, Turn $\frac{1}{4}$ Right Chasse Right, Turn $\frac{1}{2}$ Left Chasse Left

1&2 Step right to side, step left in place
3&4 Step right forward, step left right, step right in place, step left forward
5&6 Right step $\frac{1}{4}$ right, step left in place, step right to side
7&8 Left step turn $\frac{1}{2}$ left, step right in place, step left to side

Walk Twice Mambo Rock Turn $\frac{1}{4}$, Hold And Cross And Cross

1-2 Walk right diagonally right with toe heel, walk left diagonally left with toe heel
3&4 Right mambo, step right in place
5-6& Left turn $\frac{1}{2}$ turn step forward, hold, cross right behind left
7&8 Left turn $\frac{1}{4}$ and cross, left turn $\frac{1}{4}$ and cross

Repeat
