

Please Dont Let Me Go

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Wayne Dawkins (UK) - September 2010
音樂: Please Don't Let Me Go - Olly Murs



Intro. The dance starts on the first heavy beat after the drum roll (i.e. before the lyrics)

SECTION 1

Right Shuffle Forward, Left Mambo Forward, Right Shuffle Back, Left Coaster Step

- 1 & 2 step right forward, close left beside right, step right forward
- 3 & 4 rock forward on left, rock back on right, step back on left
- 5 & 6 step right back, close left beside right, step right back.
- 7 & 8 step left back, step right beside left, step left forward.

SECTION 2

Right Rock & Cross; Left Rock & Cross; Right Rock & Cross; Ball Cross; Ball Cross

- 1 & 2 Rock right to right side, recover onto left, step right across left;
- 3 & 4 Rock left to left side, recover onto right, step left over right
- 5 & 6 Rock right to right side, recover onto left, step right across left
- & 7 & 8 Small step on ball of left to left side, step right across left; small step on ball of left to left side, step right across left.

SECTION 3

Point Left & Right , & Left Heel Forward, & Right Toe Back (x2) Step ¼ Left, Left Heel Forward & Right Toe Back

- 1 & 2 & Point Left to left side, step left beside right, Point right to right side, step right beside left
- 3 & 4 & Touch left heel forward, step left beside right, touch Right toe back, step right beside left
- 5 & 6 & touch Left heel forward, step left beside right, touch right toe back, step forward right making ¼ left (9 o'clock)
- 7 & 8 Touch left heel forward, step left beside right, touch right toe back.

SECTION 4

Rock Forward, Recover ½ turn Right; Step, pivot ½ , Step; Right Step, 1/4 left , Right Coaster Cross

- 1 & 2 rock forward on right, recover on left, make ½ turn right stepping forward on right. (3 o'clock)
- 3 & 4 step left forward , pivot ½ turn right , step left forward. (9 o'clock)
- 5 - 6 step forward right, on ball of right make ¼ turn left stepping left to left side (6 o'clock)
- 7 & 8 step right back, step left beside right, step right across left

2nd tag and restart here during 5th wall facing 6 o'clock

TAG : Step pivot, Step pivot step

- 1 - 2 step left forward, pivot 1/2 turn right
- 3 & 4 step left forward, pivot ½ turn, step left forward

SECTION 5

Left Chasse, ¼ turn(right), Right Chasse, Rock Forward, Recover, ½ turn Left, Right Shuffle forward

- 1 & 2 Step left to left side, close right beside left, step left to left side
- 3 & 4 on ball of left foot make ¼ turn right stepping right to right side, close right beside left, step right to right side (9 o'clock)
- 5 & 6 Rock forward on left, recover on right, make ½ turn left stepping forward on left (3 o'clock)
- 7 & 8 step right forward, close left beside right, step right forward

SECTION 6

Rock Forward, Recover, Step Back Left; Right Back shuffle, Left Coaster step, Walk R, L

1 & 2 Rock forward on left, recover on right, step right back
3 & 4 step right back, close left beside right, step right back
5 & 6 step left back, step right beside left, step left forward
7 - 8 Walk right forward, walk left forward.

1st tag here at end of 2nd wall facing 6 o'clock

Tag.. Step pivot, Step pivot.

1 – 2 Step right forward, pivot half turn left

3 – 4 Step right forward, pivot half turn left
