

# Freight Train

**COPPER** **KNOB**  
BY SHEETS

拍數: 54      牆數: 4      級數: Phrased Intermediate  
編舞者: Danièle Percher-Ribeau - August 2010  
音樂: Freight Train - Alan Jackson



To « cling » with music, the choreography has 4 parts and 1 tag.

A – B – CCC – D - A - B – CCC – D – TAG - A – B – CCC – D - TAG X2 - CCC – D – repeat the TAG until the end.

## PART A

### SHUFFLE FORWARD-1/2 TURN RIGHT-SHUFFLE BACKWARD-COASTER STEP-HELL GRIND LEFT WITH ¼ TURN LEFT

1&2            Shuffle forward Right Left Right  
3&4            Shuffle back LRL with ½ turn Right  
5&6            Coaster step R : Right foot back, left foot side right foot, right foot forward  
7-8            Heel grind L : Left heel forward, toes on right, turn toes to left with ¼ turn left

### COASTER STEP-SHUFFLE FORWARD-1/2 TURN RIGHT-SHUFFLE BACKWARD-COASTER STEP

9&10           Coaster step L : Left foot back, right foot side left foot, left foot forward  
11&12          Shuffle forward RLR  
13&14          Shuffle back LRL with ¼ turn right  
15-16          Coaster step Right : right foot back, left foot side right foot, right foot forward

### HEEL GRIND LEFT WITH ¼ TURN LEFT-COASTER STEP LEFT-HEEL SWITCHES-STEP-1/4 TURN LEFT

17-18          Heel grind L : left heel forward, toes on right, turn toes to left with ¼ turn left  
19&20          Coaster step L : left foot back, right foot side left foot, left foot forward  
21&22&          Right heel forward (21), right heel side left heel (&), Left heel forward (22), left heel side right heel (&)  
23-24          Right foot forward, ¼ turn left

## PART B

### CROSS STEP ½ TURN LEFT-SAILOR STEPS RIGHT AND LEFT-STEP SLIDE

25-26           Cross right foot on left foot, ½ turn left  
27&28          Sailor step R : cross right foot behind left foot, step left foot on left, right foot in place  
29&30          Sailor step L : cross left foot behind right foot, step right foot on right, left foot in place  
31-32           1 step right foot forward, slide left foot side right foot

## PART C

### CLAP-HEELS AND TOES SWIVELS-SAILOR STEP

33-34           Clap – clap  
35-36           Swivels on Right heel and Left toe : right toe on right and left heel on left, in place  
37-38           Swivels on Left heel and Right toe : left toe on left and right heel on right, in place  
39&40          Sailor step R: cross right foot behind left foot, step left foot on left, right foot in place

### SAILOR STEP-KICK BALL STEPS-CROSS STEP-1/2 TURN LEFT

41&42          sailor step L : cross left foot behind right foot, step right foot on right, left foot in place  
43&44          Kick ball step R: Kick right foot crossed on left foot, Right foot in place, step left foot on left  
45&46          Kick ball step R: Kick right foot crossed on left foot, Right foot in place, step left foot on left  
47&48          Kick ball step R : Kick right foot crossed on left foot, Right foot in place, step left foot on left  
49-50          Cross right foot on left, ½ turn on left

## PART D

### SAILOR STEP – SAILOR STEPS TURN LEFT

51&52 Sailor step R :cross right foot behind left foot, step left foot on left, right foot in place  
53&54 Sailor step Left with ¼ turn left

**TAG (32 comptes) :**

1-2 Touch Right heel forward, Touch right toes back  
3&4 shuffle RLR in place  
5-6 Touch Left heel forward, Touch left toes back  
7&8 Shuffle LRL in place

**Repeat counts 1 to 8**

1-2 Touch Right heel forward, Touch Right toes back  
3&4 shuffle forward : RLR  
5-6 Touch Left heel forward, Touch right toes back  
7&8 shuffle forward LRL

9-10 Rock step Right forward : step right foot forward, back on left foot  
11&12 Coaster step Right : Right foot back, Left foot side Right foot, Right foot forward  
13-14 Rock step Left forward : step left foot forward, back on right foot  
15&16 Coaster step Left : Left foot back- Right foot side Left foot, Left foot forward

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