

Blue Sky

拍數: 48 牆數: 2 級數: Intermediate / Advanced NC2S
編舞者: Niels Poulsen (DK) - September 2010
音樂: Blue Sky (feat. Keith Urban) - Emily West : (3:48)



Intro: 8 counts from first beat (app. 8 seconds into track). Start with weight on L

(1 – 8) Diagonally R, step turn step, 1 ½ turn L, ½ turn L with R sweep, jazz ¼ R

- 1 Step R diagonally fw R (1) 1:30
- 2&3 Step fw on L (2), turn ½ R stepping onto R (&), step fw on L (3) 7:30
- 4&5 Turn ½ L stepping back on R (4), turn ½ L stepping fw on L (&), turn ½ L stepping back on R but also starting to sweep L leg around (5) 1:30
- 6 – 7 Turn ½ L stepping down on L sweeping R fw (6), cross R over L (7) 7:30
- 8& Step back on L (8), step R to R side turning body to face 10:30 (&) 10:30

(9 – 16) Cross rock, & cross, ¼ R, rolling vine, cross rock, ¾ L

- 1 – 2& Cross rock L over R (1), recover back on R (2), square up to 9:00 stepping L to L side (&) 9:00
- 3& Cross R over L (3), turn ¼ R stepping back on L (&) 12:00
- 4&5 Turn ¼ R stepping R fw (4), turn ½ R stepping L back (&), turn ¼ R stepping R to R side (5)
- 6 – 7 Cross rock L over R (6), recover on R (7)
- 8& Turn ¼ L stepping fw on L (8), turn ½ L stepping back on R (&) 3:00

Option for walls 3, 4 + 5 Optional for counts 6-8&: Add another L full turn.

Now it reads: cross rock L over R (6), recover on R (&), turn ¼ L stepping fw on L (7), turn ½ L stepping back on R (&), turn ½ L stepping fw on L (8), turn ½ L stepping back on R (&)

(17 – 24) ½ L with R sweep fw, R & L back twinkles, ¼ L, ¼ L into R basic, ¼ R, ¼ R, cross

- 1 Turn ½ L stepping fw on L with a big R sweep fw! – hit the beat... ? (1) 9:00
- 2&3 Cross R over L (2), step L back (&), step R back on R diagonal – body facing 10:30 (3) 10:30
- &4& Cross L over R (&), turn 1/8 L stepping back on R (4), turn ¼ L stepping fw on L (&) 6:00
- 5 – 6& Turn ¼ L stepping R a big step to R side (5), close L behind R (6), cross R over L (&) 3:00
- 7 – 8& Turn ¼ R stepping back on L (7), turn ¼ stepping R to R side (8), cross L over R (&) 9:00

(25 – 32) ¼ R into R Rock fw, back, ½ L sweep, cross unwind sweep, jazz, cross, ¼ L, ½ L

- 1 Turn ¼ R rocking fw on R (1) 12:00
- 2&3 Recover back on L (2), step back on R (&), turn ½ L stepping fw on L with R sweep fw (3) 6:00
- 4&5 Cross R slightly in front of L (4), unwind full turn L on L (&) *, sweep R fw (5)
- 6&7& Cross R over L (6), step back on L (&), step R to R side (7), cross L over R (&)
- 8& Turn ¼ L stepping back on R (8), turn ½ L stepping fw on L (&) 9:00

(33 – 40) ¼ L into R basic, side L, touch-down!, ¼ R sweep, weave, ¼ R, fw L

- 1 – 2& Turn ¼ L stepping R a big step to R side (1), close L behind R (2), cross R over L (&) 6:00
- 3 – 4 – 5 Step L to L side (3), touch R next to L bending in both knees and prepping whole body to L side (4) *, rise to normal level exploding (!) into a ¼ R sweeping L fw as you step onto R (5) 9:00
- 6&7 Cross L over R (6), step R to R side (&), cross L behind R (7)
- 8& Turn ¼ R stepping fw on R (8), step fw on L (&) 12:00

(41 – 48) ½ R, cross walk L R, step ½ R, ½ R sweep, behind, side, cross rock

- 1 – 3 Turn ½ R stepping onto R (1), cross walk L over R (2), cross walk R over L (3) 6:00
- 4&5 Step L fw (4), turn ½ R stepping onto R (&), turn ½ R stepping L back sweeping R around (5)

6 – 7 Cross R behind L (6), step L to L side (7)

8& Cross rock R over L (8), recover on L (&)

Wall 3 - Option! - On wall 3 the beats change.

You therefore do this from count 6-8&: cross R behind L (6), step L to L side (&), cross rock R over L (7), recover on L (&), step R to R (8), cross L over R (&)

Start again... and ENJOY!

Ending On wall 5, after the break in the music after count 36, facing 6:00, only do up to count 43. Now, finish the dance stepping L fw and then do a slow step ½ R to face 12:00. 12:00

*** 2 restarts: On wall 2 and 4.**

Wall 2: Restart after count 36 (the touch-down!), facing 12:00.

Wall 4: Restart after count 28& (the full unwind), facing 12:00. Easy!

*** Break!: On wall 5, after count 36, facing 6:00, the music stops. Start from count 37 on word AnyMORE**

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