It's Now or Never



編舞者: Eva Pau (CAN) - September 2010 音樂: It's Now or Never - Elvis Presley



Start dancing on the word 'Never'

SIDE, HOLD, BACK ROCK RECOVER, SIDE, HOLD, CROSS ROCK RECOVER

1 - 4 Step left to side, hold, rock right behind left, recover on left

5-8 Step right to side, hold, cross rock left over right, recover on right

SIDE, HOLD, BACK ROCK RECOVER, FORWARD, HOLD, PIVOT ½ TURN R

1 – 4 Step left to side, hold, rock right behind left, recover on left

5 – 8 Step right diagonal forward, hold, step left forward pivot ½ turn R

FORWARD MAMBO, HOLD, MODIFIED BACK MAMBO, HOLD

1 - 4 Rock left forward, recover on right, step left together, hold
5 - 8 Rock right back, recover on left, cross right over left, hold

CROSS, SIDE, CROSS, HOLD, SWAY RIGHT, LEFT, RIGHT 1/4 TURN L, HOLD

1 – 4 Cross left over right, step right to right, cross left over right, hold

5 – 8 Sway right, left, right ¼ turn L, hold

Repeat

Note: Music will slow down near the end, just keep dancing at regular beat.