

# Tell It Like It Is

COPPER KNOB  
BY STEPHEN

拍數: 32      牆數: 2      級數: High Intermediate / Advanced  
編舞者: Malene Jakobsen (DK) - September 2010  
音樂: Tell It Like It Is - John Wesley Ryles : (Album: Greatest Hits)



**Note:** The dance is written similar to Cry Me Out, and again the music sounds as a very fast waltz, but it isn't. The dance is dedicated to Julia, who has helped me in writing this dance.

**Intro:** 2 counts, app. 4 sec. into track - dance begins with weight on L

## (1-9) Rock, ball, back rock, ½, ¼, ½, ball step with hitch, shuffle back, back with sweep

1-2            (1) Rock forward on R, (2) recover onto L 12.00  
a3-4          (a) Step R next to L, (3) rock back on L (4) recover onto R  
&a            (&) Turn ½ R stepping back on L, (a) turn ¼ R stepping forward on R 9.00  
5-6            (5) Step forward on L, (6) turn ½ R 3.00  
a7            (a) step L next to R, (7) step forward on R hitching L  
8&a          (8) Step back on L, (&) step R next to L, (a) step back on L  
1              (1) step back on R sweeping L from front to back

## (10-17) Back with sweep, back rock, run forward, ¼ point, cross, side, back rock, side rock, cross

2              (2) Step back on L sweeping R from front to back  
a3            (a) Rock back on R, (3) recover onto L  
4&a          (4&a) Run forward R, L, R  
5              (5) On ball of R make ¼ turn R pointing L to L side 6.00  
6a            (6) Cross L over R, (a) step R to R side  
7-8          (7) Rock back on L, (8) recover onto R  
&a1          (&) Rock L to L side, (a) recover onto R, (1) cross L over R

## (18-25) Recover, side, cross rock, side, step, touch, ¾, ball, touch, full turn, mambo

2a            (2) Recover onto R, (a) step L to L side,  
3-4          (3) Cross R over L, (4) recover onto L  
&a            (&) Step R to R side, (a) step forward on L  
5-6          (5) Touch R behind L, (6) make ¾ turn R putting weight on R 3.00  
a7-8        (a) Step slightly forward on L, (7) touch R behind L, (8) make full turn R putting weight on R  
&a1          (&) Rock forward on L, (a) recover onto R, (1) step back on L

## (26-32) Recover, ball, side rock, cross, side, behind, side, cross, ¼, step, ½, full turn

2              (2) Recover onto R  
a3-4        (a) Step L next to R, (3) rock R to R side, (4) recover onto L  
&a5        (&) Cross R over L, (a) step L to L side, (5) cross R behind L  
a6        (a) Step L to L side, (6) cross R over L  
a7        (a) Turn ¼ L stepping forward on L, (7) step forward on R 12.00  
8            (8) Turn ½ L – weight on L 6.00  
&a        (&) Turn ½ L stepping back on R, (a) turn ½ L stepping forward on L 6.00

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