

# Strictly Disco

**COPPER** **KNOB**  
BY STEPHEN

拍數: 48                      牆數: 4                      級數: Intermediate  
編舞者: Gary Lafferty (UK) - September 2010  
音樂: You Should Be Dancing - Bee Gees : (Album: Ultimate Bee Gees)



Floor Splits: "Ten Out Of Ten" or "Closer" or "Tennessee Waltz Surprise"  
32-count intro

## **SYNCOPATED GRAPEVINE to RIGHT ; LEFT SAILOR ¼ TURN , STEP FORWARD , ½ TURN BACK**

1-2                      Step to Right to Right foot , cross-step Left foot behind Right  
&  
Step to Right on Right foot  
3-4                      Cross-step Left foot over Right , step to Right on Right foot  
5&6                      Left sailor step making ¼ turn to Left (9 o'clock)  
7-8                      Step forward on Right , turn ½ Right stepping back on Left foot (3 o'clock)

## **BACK-LOCK-BACK , & TOUCH , HOLD ; & ROCK FORWARD , RECOVER , LEFT COASTER STEP**

1&2                      Step back on Right foot , lock-step Left foot over Right , step back on Right foot  
&3-4                      Step back on Left foot , touch Right foot forward , hold  
&5-6                      Step on Right foot beside Left , rock forward on Left foot , recover weight back onto Right foot  
7&8                      Step back on Left foot , step on Right foot beside Left , step forward on Left foot

## **STEP, LOCK , & STEP , LOCK ; & WALK , WALK , ANCHOR ¾ TURN**

1-2                      Step diagonally-forward Right on Right foot , lock-step Left foot behind Right  
&  
Step slightly forward on Right foot  
3-4                      Step diagonally-forward Left on Left foot , lock-step Right foot behind Left  
&  
Step slightly forward on Left foot  
5-6                      Step forward on Right foot , step forward on Left foot  
7&8                      Triple-step in place (stepping Right , Left , Right) making ¾ turn over Right shoulder (12 o'clock)

## **STEP LEFT, TOUCH BEHIND, STEP RIGHT, TOUCH BEHIND ; TOUCH ACROSS, BEHIND, KICK-BALL-STEP**

1-2                      Step to Left on Left foot , cross-touch Right foot behind Left  
3-4                      Step Right foot out to Right side , cross-touch Left foot behind Right  
5-6                      Cross-touch Left foot diagonally-forward Left, cross-touch Left foot behind Right  
7&8                      Kick Left foot forward , step down on Left foot beside Right , small step forward on Right foot

## **KICK-BALL-STEP, LEFT MAMBO; SLIDE with HIP PUSH, STEP; SLIDE with HIP PUSH , STEP**

1&2                      Kick Left foot forward , step down on Left foot beside Right , small step forward on Right foot  
3&4                      Rock forward on Left foot , recover weight back onto Right foot , step back on Left foot  
5                          Slide Right foot back (towards Right back diagonal) pushing Right hip up  
6                          Slide Right foot beside Left taking weight  
7                          Slide Left foot back (towards Left back diagonal) pushing Left hip up  
8                          Slide Left foot beside Right taking weight

## **SWIVEL WALK FORWARD, CROSS & HEEL; & ¾-TURN WALK AROUND, TOUCH BEHIND**

1                          Step Right foot forward towards Right diagonal with toes turned out  
2                          Step Left foot forward towards Left diagonal with toes turned out  
3&4                      Cross-step Right foot over Left , small step to Left on Left foot , touch Right heel diagonally forward Right  
&  
Step down onto Right foot  
5-7                      Make ¾ turn over Right shoulder walking Left , Right , Left

8

Cross-touch Right foot behind Left

**START AGAIN**

T: 0797 999 4037 | E: [gary@garylafferty.co.uk](mailto:gary@garylafferty.co.uk) | W : [www.garylafferty.co.uk](http://www.garylafferty.co.uk)

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